

**ComputerPals - Newcastle**

Where Seniors master technology

# SWITCHED ON SENIORS

Email : [contact@computerpals.org.au](mailto:contact@computerpals.org.au)

## President

**Barry Keen**

## Dates to Remember

**12 June—King's Birthday**  
(no classes today)**26 June...**

- **Morning Tea**
- **Protect Your Identity presentation**
- **Registration Day for classes in Term 3**
- **Membership renewals for 2024**

You can still  
**BE A ZOOMIE** and  
join us online.  
Thursday mornings @  
9.45 am for 10:00 am

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## President's Report—June 2023

We attended a Senior's Expo at Kahibah Social Club on Monday 29/5 in response to a last minute call from Pat Conroy's office (Federal MP for Shortland). The morning was very busy and well attended.

Sandra had a phone call from Sharon Claydon (Federal MP for Newcastle) who wanted to pass on some good news. She wanted to let us know that the Volunteers Grant application is successful. That will be most helpful for training and support.

The Dates to Remember (opposite) highlight that we will not be meeting at Club Lambton on 12th June due to it being a Public Holiday.

The 26th June will be a big day—There will be a brief report on the business of the club followed by a presentation from Alicia Anderson from Service NSW on Protect your Identity. This will be followed by a (free) Morning Tea and an opportunity to renew your Computerpals membership as well as enrol in classes in Term 3. There will be no assistance classes in the afternoon as there will be a committee meeting.

A reminder that Club Lambton's memberships are also due for renewal. It is worthwhile to be a member if you join us on a Monday as you can take advantage of reduced costs for drinks, coffee and food.

Term 2 ends on 30th June, we break for the school holidays and resume in Term 3 on Monday 17th July. I draw your attention to the upcoming Annual General Meeting on 4th August and the need to elect a new committee for 2023/4. Nominations will be called for in due course.



I've been saying it nearly every month in the newsletter—**your own common sense is your best weapon. Trust it.**

Get familiar with the Scamwatch and ACCC sites and keep yourself informed of what is going on in the technological world.

Google these names to get their web address and read the advice they give.



On

the social media side, if you get *friend requests* from people already on your Facebook contact list, change your password because it is possible that one of them has had an intruder into their FB account.

—————ooooOooo—————

Recently, I have been getting texts galore and at least 2 emails a day (supposedly from Centrelink) urging me to click on their link and validate my details so they could send me the rebate they are desperate for me to have. The rebate amounts range from \$286 up to \$963, with no two amounts being the same. I have rung Centrelink a number of times (hung up after 45 minutes of dead silence, validations of how important my call is, or music that made me want to rip my ears off.) I finally got a human reply, gave her all the details and have heard nothing more. I deleted the app but am still getting the texts and emails. They upped the ante this morning to just over \$1000.

I assume that I am not the only one affected so if anyone has any idea how to stop this rot, please let me know so I can pass it on to other equally frustrated people. Thank you.

DO NOT ever click on a link in an email from someone you don't know - especially one that requests your personal or bank details.

If someone unknown phones you and tells you you've got a problem with your computer—don't be polite—just hang up.

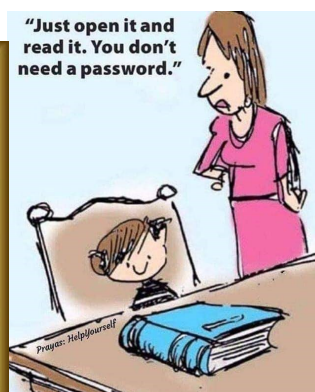
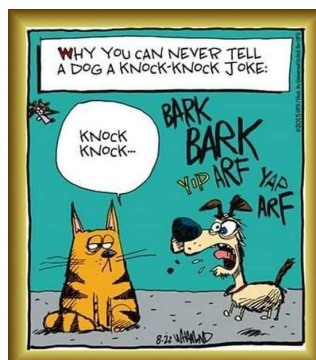
If you get text messages from unknown sources with a link in it—delete it—don't click on the link.

Stay safe!

—————oooOooo—————

*A tip from Lindsay....* Sometimes we get dicky keys on our laptop, you know the ones that you have to tap twice or more. Don't run out and buy a new laptop right away. Think about a wireless Keyboard and Mouse combo. You can get one from about \$25, you might even get a bonus of keeping you away from that pesky touchpad.

**I'm writing a book  
about all the things I  
should be doing in my  
life.  
It's an  
oughtobiography.**

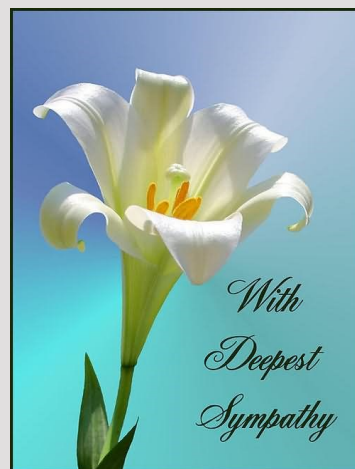


## Best Wishes

*For all our members  
who are celebrating  
birthdays and  
anniversaries - hearty  
congratulations !*



*To those who are ill we  
send our best wishes  
for a speedy recovery.*



## Condolences

*To those of our  
members who have lost  
loved ones recently,  
please accept our  
sincere condolences.  
You are in our  
thoughts.*

Australian Seniors  
Computer Clubs Association **ASCCA**



## Special Interest Groups



### MemoryPals

Our new group meets on **first Monday** of each month at **1:00pm**.

Reminisce about your childhood memories and learn how to preserve them.



### WriterPals

Our Creative Writing group is for enthusiasts, not experts. We meet on the **second Monday** of each month. Meetings begin at **1:00 pm**.



### DigiPals

DigiPals is an active group of ComputerPals members who meet on the **third Monday** of each month at **1 p.m.** to explore digital photography.

## MemoryPals

### WriterPals

The next meeting for Writerpals will be at Club Lambton on Monday, since we lose our normal day on 12th June because of the royal birthday holiday. We can bounce ideas off each other and make sure we have the poetry formats down pat. Next meeting 10th July.

This will be our last meeting before the poetry entries have to be sent in during the first 2 weeks of July, and the story entries are due in the first fortnight in August.

Remember, 4 short poems in July, 3 short stories in August.

Where has the time gone..... It'll be Christmas again before we know it.

## DigiPals

Digital Photography - There are 7 categories and we are allowed 1 photo in each category, with the emphasis on creativity and interpretation. All entries are to be submitted by the individual photographer who is permitted to present one photograph, to a maximum size of 4MB in each category, taken between 2nd September 2022 and 15th September 2022. No post camera manipulation will be permitted — except minor cropping, straightening and exposure adjustments. With all the gizmos and gadgets on phones today, There will surely be some fabulous entries. Full information can be found on the ASCCA website.

## Thursday Zoomies

Thursday will be devoted to regular Zoom classes commencing at 10:00 am. Please note the change of day.

An email will be sent out with “What’s On” and the log in codes.

I am hearing so many good things about this session and how wonderfully helpful it is. Please join in if you can.

To find out what is on check your email or send an email to us at **contact@computerpals.org.au** to find out what is coming up and how to join our Zoom sessions. They are wonderfully informative and proving very popular

## ComputerPals Mission

Our mission is to educate seniors in the use of computers/tablets/smartphones as a way of enriching their lives and making them more self-reliant. We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge.

## Some more gems from Harold

### Where's The Driver

On side of a road, I saw such a sight  
Mingled, of course, with a touch of fright  
A tree growing inside of this car  
The car though, won't be going too far



*Writing is 90% procrastination  
and 30% panic.*

Is there a skeleton, I'd like to know  
It's hard to know, for there's nothing on show  
Except some gum trees calling it home  
I fear the car, no more will it roam

There's trees through the windscreen  
More through the roof, from what I've seen  
It's life as a car is limited, for sure  
Can't even open either side door

The only thing left for this motor car  
Having a tree growing, as if in a jar  
If you should happen along this way  
Stand in the shade and just have a pray.

Thinking about how the Dutch police  
arrested a bird for taking part in a  
robbery, put it in a jail cell with bread  
and water & when the media reported  
on it they put a little black bar over the  
face to protect its identity



### BIRDBRAIN

Over in Holland the police are rough  
Caught a little bird doing things tough  
He'd joined a gang of criminal men  
Soon he's chased by the policemen

A robbery had then taken place  
Police in force, had used their mace  
The police had said, they had the word  
Arrested all, including the bird

Journalists soon heard the story  
Interviewed bird in all its glory  
In a cell with bread and water  
Cared for by the warden's daughter

Birds identity unrevealed in case  
So a black mask across its face  
But the full and final fact  
It's really just a bird brain act.

### Bee-ware

Is it a fairy, or is it a bee  
Trying to tempt me with coffee, I see  
The wings are busy as she flies on by  
I can't stop laughing, as much as I try

"You know you want this" it's there  
to see  
Perhaps she thinks, this is for me  
The look of the body, not pretty at all  
Just look at the legs, she's ready to fall

Coffee fairy, you're really a freak  
Is that a nose, or is it a beak?  
The pleats of the skirt, do nothing for me  
A quick look at you and I'm wanting to flee

But honey, my friend, when all's said and done  
Nothing's beyond me, I'm just out for fun  
I'll have me a coffee, with milk, if you please  
With scotch finger biscuit, just as you leave.



### Chimp Chump

I'm up a tree, is this all that life's to be  
Won't someone come and sit with me  
I keep a lookout for a friendly face  
Can't seem to find one in this place

The forest's dark, there's trees to climb  
No one seems to have the time  
To come and climb some trees with me  
And be as free as you can be

Here I'll sit, in awe and wonder  
As if in life, a clap of thunder  
Should wake me from my daily woes  
To set me up with twinkle toes



## Contact Us



To contact the Roster Team or the Treasurer regarding rosters or payments use:

[islingtonpals@gmail.com](mailto:islingtonpals@gmail.com)

## Roster Team



Sandra Keen

Mitzi Gordon



Judy Wallace

Jackie Lampe



These people are all volunteers who also teach classes at Computerpals. We ask that you take this into consideration when your phone call is not answered immediately.

## Funnybone



### FAMOUS TOPICS IN ART HISTORY:



### HERCULES ATTEMPTING TO GIVE HIS CAT A PILL

#### BIGGEST LIE I TELL MY SELF:

"I don't need to write that down, I'll remember it."



There is no better feeling than someone playing with your hair or running their fingers down your back. Unless you thought you were alone.

Maybe it wouldn't be so heavy if they used their arms



So today, in church, a guy in a dress tried to drown me

And, I kid you not, my family just stood there taking pictures!

liturgy.co.nz

IN ORDER TO MAKE AN APPOINTMENT, HE FIRST HAD TO UPDATE HIS OPERATING SYSTEM, DOWNLOAD AN APP, GET A USERNAME, CHOOSE A PASSWORD, LOG IN TO A HEALTH PORTAL, NAVIGATE TO MESSAGES AND WRITE HIS DOCTOR...BY THEN IT WAS TOO LATE.



The only problem with dancing naked is that not everything stops when the music stops

I said to myself, "Self"

(and I knew it was me, cause I recognized my voice, and I was wearing my underwear)

"Today is going to be a good day!"

Don't be alarmed, but I think someone on the ship is actually an owl.

Who?

I knew it was you...

I've always found a broken drum to be the perfect Christmas present.

You just can't beat it.

I love my fingers... I always know I can count on them



My sister said there's no way I could build a car out of spaghetti.



You should've seen her face when I drove pasta.

Cycled to the shop to buy a bottle of gin, but then I thought, what if I fall off my bike and the bottle gets broken? So cleverly, I drank it all outside the shop. Good thing I did too, I fell off my bike seven times on my way home



**PRIVACY STATEMENT:** Information contained in this Newsletter is only for the members of the ComputerPals Newcastle Inc. The Editor accepts no responsibility for any errors, omissions, libels, in accuracy or other shortcomings of this newsletter.



From the desk of Brenton, our social director extraordinaire, who found us another most enjoyable outing . Thank you, Brenton. You never fail to impress.

## Social Day Out

A fine day beckoned on Friday 26th May as 15 members met up on Swansea Heads for an inspection of the Marine Rescue Headquarters, Lake Macquarie Division.

Our Tour Guide, Mr. Jim Wright (Unit Commander) met us in the grounds and gave the group an overview of the Unit's operations, covering approx. 30klms out to sea and of course, Lake Macquarie. The ratio of rescue callouts has generally been 80% lake and 20% out to sea. He also advised that flood rescue was scheduled to be included in their operations in the future.

We then split into 2 groups, Jim taking one group into the ground floor training room for a short promotional video. He then discussed some of the different types of rescues carried out, the current fleet details and showed us around the other areas, including some historic photos of the earlier facilities. The current building and facilities were constructed approx.. 2 years ago and are a huge improvement, with state-of-the-art communications systems, essential for the activities carried out there. Meanwhile, the second group, led by Jim's wife, Zoe (also a senior active volunteer) was taken upstairs to the operations centre where magnificent sweeping views were evident of the coastline in both directions, the Lake's entrance and in towards the Swansea bridge. Here, a bevy of computers, monitors, 2-way radio systems and maps/charts etc. were in place to enable those volunteers on duty to carry out these most important tasks of monitoring all marine traffic and coordinate any necessary rescue operations as and when required. The 2 groups then swapped places so all could experience just what these great people do, especially as they are all volunteers and the station is manned 24/7. At the end of the tours, the 2 groups met back in the Training room for a coffee while Jim and Zoe answered numerous questions, reflecting the interest shown by many of those members present. President Barry Keen, on behalf of ComputerPals then presented to Jim a donation cheque for \$100 to Marine Rescue which was gratefully accepted.

We were then ready to depart. However, a rather savage storm had just begun with strong winds, heavy rain and hail meaning the group had a rather scattered departure, some going on to the Swansea RSL Club for lunch while others headed for the safety of home. To those attending, whether 'boaties' or not, I'm sure all would agree that it was a most enlightening visit to an organisation most worthy of the support of the public at large.

