

ComputerPals - Newcastle

Where Seniors master technology

SWITCHED ON SENIORS

Email : contact@computerpals.org.au

President

**Barry
Keen**

Dates to Remember Poetry in this week.

You can still
BE A ZOOMIE and
join us online.
Thursday mornings @
9.45 am

**Special Groups -
Memorypals,
Writerpals & Digipals
will meet on new days
(see page 3)**

In This Issue

Scamwatch + Page 2

Special Interest Groups
Page 3

Harold's Gems Page 4

Funnybone Page 5

Brenton's Page Page 6

Australian Seniors
Computer Clubs Association **ASCCA**

President's Report—July 2023

We have now drawn to the end of Term 2 and I'm pleased to say it has been another very successful time for our learners and a valuable opportunity for learners and tutors to socialise in a friendly environment.

Our free Morning Tea on Monday 26/6 was another huge success (and a record) with 92 people in the audience and 2 presenters (Alicia Anderson and Leanne Pettit) from Service NSW who spoke on 'Introduction to Identity Theft'. The topic was of extreme interest to all in light of current circumstances and incidence of scams. The numbers of attendees really blew our presenters away and they will use that information to boost their case to the government for the ongoing need for this type of education to the public.



Our program for Term 3 has been finalised and been published on the club's website.

Term 3 starts from 17 July (note there is no BeConnected class at Club Lambton on 17/7 in the morning). Assistance class will be conducted at Lambton Library at 1 pm.

Wallsend Library on 18/7 at 10 am; Hamilton Library on 19/7 at 1 pm.

We've had difficulty running the special interest groups on a Monday afternoon due to many of the people wanting to attend being tied up tutoring assistance classes. That has been resolved.

See Page 3 for details of dates and times. All meetings will be at Club Lambton

All attendees are encouraged to be members of Club Lambton to support them and personally take advantage of member discounts on food and drinks at the bar and bistro.

RENEWAL OF MEMBERSHIP for ComputerPals is now due. Cost is \$25 and will cover you through to 30/6/24. Our bank account details are –

Computerpals with NPBS BSB 650000 Account 962205402. In the details or reference section put your name & Membership to assist the Treasurer to identify money received.

ANNUAL GENERAL MEETING is approaching – it will be held at Cardiff RSL in a private room on Friday 4th August – more details later.

NOMINATIONS are being called for anyone interested in volunteering to serve on the club's committee. Send an email to islingtonpals@gmail.com to express your interest or share the name of someone else you would like to nominate and we'll send you a nomination form. Completed Nominations must be in to the Secretary by 27th July 2023.

This is an opportunity to join a progressive, positive team in managing the club. For a long time we have enjoyed the benefit and friendship of working together – you could be part of the team.

I've been saying it nearly every month in the newsletter—**your own common sense is your best weapon. Trust it.**

Get familiar with the [Scamwatch](#) and [Techguide](#) sites and keep yourself informed of what is going on in the technological world.

On the social media side, if you get friend requests from people already on your contact list, change your password because it is possible that one of them has had an intruder into their FB account.

—oooOooo—

A tip from Lindsay....Sometimes we get dicky keys on our laptop, you know the ones that you have to tap twice or more.

Don't run out and buy a new laptop right away. Think about a wireless Keyboard and Mouse combo. You can get one from about \$25, you might even get a bonus of keeping you away from that pesky touchpad. AND speaking of pesky touchpads, did you know you can disable it if you are using a regular mouse? It is very easy to do on some computers, way more tricky on other computers, but if it is driving you nuts and you don't know how to disable it, just ask one of our tutors on a Monday afternoon or at one of your classes.

When employers want 10 years of experience before you turn 20



Thank you Lindsay

—o0o—

Scammers are always on the lookout for easy pickings, so don't make it easy for them. Some emails look totally genuine but looks can be deceiving. If you are in doubt about an email - delete it or contact the company and ask about it.

Get into the habit of checking the [Scamwatch](#) and [Techguide](#) websites regularly, get on their mailing lists for the latest information also ACCC which runs the Scamwatch site as well.

The ACCC site has recently been updated with a bit of a new look and is very easy to navigate. Familiarise yourself with it and the information provided. The recent presentation from Service NSW gave us some excellent information, so please check out their website as well.

You cannot do too much when it comes to keeping yourself safe online.

I say it every month and you're getting it twice this month **your own common sense is your best weapon. Trust it and use it.**

DO NOT ever click on a link in an email —especially one that requests your personal details.

Another old one is on the rounds again. My daughter in law received a call on Friday from an unfamiliar number, and the caller commented on the terrible line asking "can you hear me clearly?" Ange said "I can hear you clearly enough to know what's going on" - the caller then hung up.

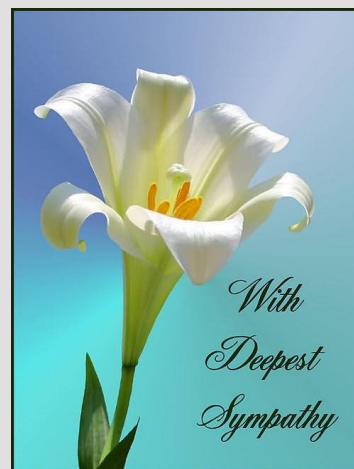
The idea is that you will say the word "Yes" which a number of companies use as permission to make changes to your accounts eg electricity companies when they convince customers to change suppliers. Be Careful.

Best Wishes

For all our members who are celebrating birthdays and anniversaries - hearty congratulations !



To those who are ill we send our best wishes for a speedy recovery.



Condolences

To those of our members who have lost loved ones recently, please accept our sincere condolences. You are in our thoughts.

Special Interest Groups



MemoryPals

Our new group meets on **first Tuesday** of each month at **1:00pm**.

Reminisce about your childhood memories and learn how to preserve them.



WriterPals

Our Creative Writing group is for enthusiasts, not experts. We meet on the **second Thursday** of each month. Meetings begin at **1:00 pm**.



DigiPals

DigiPals is an active group of ComputerPals members who meet on the **third Thursday** of each month at **1 p.m.** to explore digital photography.

Meetings for the special interest groups will be changing days.

Individual Assistance on Mondays means that Tutors are not available to attend these groups so they have been moved to

*The **MemoryPals** group will meet on the **first Tuesday** of the month at **1 pm**;*

***WriterPals** will meet on the **second Thursday** of the month at **1 pm**; and*

***DigiPals** will meet on the **third Thursday** of the month at **1 pm**.*

All will be at Club Lambton.

MemoryPals

WriterPals

The **poetry entries** have to be sent in during the **first 2 weeks of July**, and the **story entries** are due in the **first fortnight in August**.

Remember, 4 short poems in July, 3 short stories in August.

Where has the time gone..... It'll be Christmas again before we know it.

DigiPals

Digital Photography - There are 7 categories and we are allowed 1 photo in each category, with the emphasis on creativity and interpretation. All entries are to be submitted by the individual photographer who is permitted to present one photograph, to a maximum size of 4MB in each category, taken between 2nd September 2022 and 15th September 2023. No post camera manipulation will be permitted — except minor cropping, straightening and exposure adjustments. With all the gizmos and gadgets on phones today, There will surely be some fabulous entries. Full information can be found on the ASCCA website.

Thursday Zoomies

Thursday will be devoted to regular Zoom classes commencing at 10:00 am. Please note the change of day.

An email will be sent out with “What’s On” and the log in codes.

I am hearing so many good things about this session and how wonderfully helpful it is. Please join in if you can.

To find out what is on check your email or send an email to us at **contact@computerpals.org.au** to find out what is coming up and how to join our Zoom sessions. They are wonderfully informative and proving very popular

ComputerPals Mission

Our mission is to educate seniors in the use of computers as a way of enriching their lives and making them more self-reliant. We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge.

Test Patience - from Harold Franks

We sit and watch the game of cricket
Where the bowler tries to take a wicket
The batsman though, with will of iron
Hits the ball and it's gone flying

Fielders race from all directions
Picks up the ball, giving inspection
The ball returned to the bowlers end
He then sends down a curly bend

I hear a noise, what can that be
She's gone to sleep, I finally see
Her snoring there, quite severe, I hear
It's exciting cricket, the ashes, dear

Her snoring though, it's loud and clear
Has no effect on the batsman's fear
He's hit the ball, it's gone for four
Don't think she'll wake to see more

My eyes are heavy, the scoring slow
The batsman's just had a heavy blow
The score creeps on at snails pace
Does it matter who wins the race

I'll leave her sleep, she needs the rest
A wise man said cricket was a test
The umpire has just called for drinks
Time for me to sleep, me thinks.

**Stairway to Heaven - By Harold Franks**

I'm standing here at the stairway to Heaven
The clock showing that it's half past eleven
Soon, I see, I'll be walking these stairs
You can be sure I won't take them in pairs

The time on the clock is running faster than me
I can't turn it back, of this I can see
The sun is going down in the west
But I'm not ready yet for eternal rest

There's things to do, it runs through my head
I must be dreaming, I must be in bed
That clock is still ticking, the hands rushing past
I must do something, and must do it fast

I think of the times, the good and the bad
Many is the times I felt rather sad
Good are the times that make me feel great
But it all depends on that word called fate

I'll sit back and wait and enjoy all that there is
And let that old clock continue to whiz
A spot in the sun, away from the breeze
For I'm not ready for the cold and the freeze

Outback by Harold Franks

Out back, were the devils dwell
Water comes from an artesian well
Temperatures peak at a hundred plus
Roads and pastures made of duet

Camels move at a leisure pace
Salt bush grows around the place
Kangaroos hop on tender feet
Little survive in this excessive heat

Out back the country is dry and raw
Things don't grow in a land so poor
Animals scarce for want of water
Things no better across the border

A million years an ocean lay
On this land of sand and clay
But today it's just a wasted land
Is this the way the earth was planned



Contact Us



To contact the Roster Team or the Treasurer regarding rosters or payments use:

islingtonpals@gmail.com

Roster Team



Sandra Keen

Mitzi Gordon



Judy Wallace

Jackie Lampe



These people are all volunteers who also teach classes at Computerpals. We ask that you take this into consideration when your phone call is not answered immediately.

Funnybone

TONIGHT I'M GONNA HAVE POSSUM SOUP MADE FROM HIMALAYAN POSSUM, BECAUSE I FOUND HIMALAYAN ON THE ROAD.

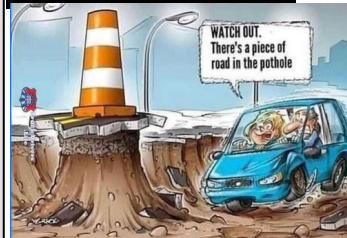
AS A YOUNG CHILD MY MOTHER TOLD ME I CAN BE ANYONE I WANT TO BE

Turns out this is called identity theft

YOU COME FROM DUST, YOU WILL RETURN TO DUST. THAT'S WHY I DON'T DUST. IT COULD BE SOMEONE I KNOW.

I loved my grandad. He used to put a teaspoon of gunpowder in his tea every single morning. He said it was the way to live a long and happy life. It worked! He lived until he was 97.

He left behind a wife, 3 children, 14 great grandchildren, 8 great great grandchildren, and a 250ft wide crater where the crematorium used to be.



The oldest computer can be traced back to Adam and Eve.
Surprise! Surprise!
It was an Apple.
But with extremely limited memory.
Just 1 byte.
Then everything crashed.

A woman went to the emergency room, where she was seen by a young new doctor. After about 3 minutes in the examination room, the doctor told her she was pregnant. She burst out of the room and ran down the corridor screaming. An older doctor stopped her and asked what the problem was; after listening to her story, he calmed her down and sat her in another room. Then the doctor marched down the hallway to the first doctor's room. "Whats wrong with you?" he demanded. This woman is 63 years old, she has two grown children and several grandchildren, and you told her she was pregnant?!!!" The new doctor continued to write on his clipboard and without looking up said: "Does she still have the hiccups? 🤢🤢🤢🤢"



Once upon a time, there lived a king who was only 12 inches tall. He was a terrible king, but he made a great ruler.

DON'T FORGET TO BREATHE IT'S NOT MY AGE THAT BOTHERS ME. IT'S THE SIDE EFFECTS.

I've been to a lot of places, but I've never been in Cahoots. Apparently you can't go alone, you have to be in Cahoots with someone. I've also never been in Cognito, either. I hear no one recognizes you there. I have, however, been in Sane. They don't have an airport, you have to be driven there. I have made several trips.

EXERCISE FOR PEOPLE OVER 60

Begin by standing on a comfortable surface, where you have plenty of room at each side.

With a 5-lb potato bag in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax.

Each day you'll find that you can hold this position for just a bit longer.

After a couple of weeks, move up to 10-lb potato bags. Then try 50-lb potato bags and eventually try to get to where you can lift a 100-lb potato bag in each hand and hold your arms straight for more than a full minute. (I'm at this level).

After you feel confident at that level, put a potato in each bag.



Even though there are days I wish I could change some things that happened in the past, there's a reason the rear view mirror is so small and the windshield is so big, where you're headed is much more important than what you've left behind.

From the desk of Brenton, our social director extraordinaire, who found us another most enjoyable activity . Thank you, Brenton.

Morning Tea/General Meeting

Our Members Morning Tea/ General Meeting was held on Monday 26th June at Club Lambton, a venue much appreciated by members for the ease and availability for parking.

An excellent rollup of some 94 members attended, with many no doubt coming along to hear the special guest speakers. In the absence of an ill President Barry Keen, Vice President Jackie Lampie opened proceedings by welcoming members, a brief overview of the Club's current situation and then introducing guest speakers Alicia Anderson, assisted by Leanne Pettet from ID Support NSW. This organisation has been established by the NSW Government to help people learn more about and prevent identity crime.

A very informative and interesting presentation followed from Alicia, aided by visual slides projected onto the large screen. While all the information was most relevant in today's ID climate, some issues created so much interest among members that the questions came thick and fast throughout the presentation (rather than at the end as was originally suggested). Alicia was very patient with all this activity, ensuring that questions were answered as clearly and concisely as possible. With the benefit of hindsight, it would have been advantageous to have had a portable mic available for those asking questions (as for Q & A), as members towards the rear of the room only heard Alicia's answers. However, she and Leanne were most generous with their time after proceedings concluded to allow further questions. All the while, Sandra Keen and her merry band of helpers provided an excellent morning tea, hand delivered to members during the meeting, with tea and coffee served at the end. All agreed this presentation was most informative (and essential) with so much fraudulent activity and cyber crime rife in our everyday lives.

Dates to Note.

ANNUAL GENERAL MEETING is approaching – it will be held at Cardiff RSL in a private room on Friday 4th August – more details later.

Next Social Day Out will be on Friday 25th August next – mark this one down too. More details to come

