

# **SWITCHED ON SENIORS**

Email: contact@computerpals.org.au

#### **President**

**Barry** Keen



# Dates to Remember

Look out for an email for the starting date of classes in 2024.

Everything is in recess meantime

## In This Issue

Scamwatch + Page 2

Special Interest Groups

Page 3

Writerpals Gems Page 4

Funnybone Page 5

Happy Reading Page 6

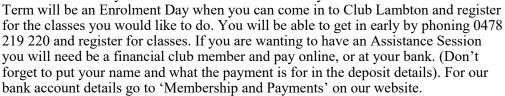
## PRESIDENT'S REPORT – DECEMBER 2023

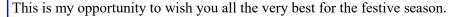
## 2023 is fast coming to an end...

Our classes finish on 13/12 and we take a well-earned break - for some of us this also heralds the child minding (Grand parenting season).

We are wrapping up another very successful year and I thank all of you (Learners and Tutors and Committee alike) for your participation and contribution to that success.

Our Roster Team will meet sometime in January to work on the 2024 Term 1 class program. When this is set, a copy will be sent to you by email and published on the Club's website for your information. The first Monday of





Stay safe and well.

My warmest regards

Barry Keen

Merry Christmas and Happy New Year









From the desk of Brenton, our Social Organizer Extraordinaire. Thank you Brenton, you do a magnificent job



## **Christmas Lunch**

Our member's Christmas lunch was held on Thursday 7th December, for the first time at Club Lambton (Lambton Bowling Club) with a roll-up of 47 participants.

A wish from a number of members to move from a buffet style of lunch to a 'sit-down' meal with table service saw a change of venue this year. Apart from Club Lambton being able to offer such a service, it gave our Club an opportunity to repay the generous offer of space and other facilities afforded it to continue with many of our classes, committee meetings etc. A bright and sunny day saw a continuous stream of members rolling in for this last social event for 2023. With plenty of space between tables to enable easy mingling, it wasn't long before animated conversations were springing up from all points of our allocated 'room', tempered only by the speedy delivery of the set menu meals. From all reports, the meals received 'a tick of approval' and I'm sure no one would have left this function hungry.

A special mention must be made to our Secretary, Wendy Smith, who was a tremendous help in liaising with and helping Club staff with the room set-up. She also arranged the table decorations and lolly bags, so thanks heaps Wendy.

President Barry Keen concluded proceedings by firstly thanking those Tutors and other members who, through the past year had made the classes 'work' despite operating from 3 different premises. He also thanked those attending and wished all and sundry Seasons Greetings for the rest of the holiday period and looked forward to starting again next year.

From the 'Social Department', both Beryl and I would like to especially thank those members who supported our various activities throughout the year and wish all members a Safe and Merry Christmas/New Year period and look forward to catching up in 2024.

**Brenton Elsey** 

Social Secretary

## **Best Wishes**

For all our members who are celebrating birthdays and anniversaries - hearty congratulations!



To those who are ill we send our best wishes for a speedy recovery.



### **Condolences**

those of Τo our members who have lost loved ones recently, please accept our sincere condolences. Уои in are our thoughts.



# Special Interest Groups

Are all in recess until the start of 2024 Term 1



# **MemoryPals**

This group meets on **first Tuesday** of each month at **1:00pm**.

Reminisce about your childhood memories and learn how to preserve them or work on your family history.

# **WriterPals**

Our Creative Writing group is for



enthusiasts, not experts. We meet on the **second Thursday**of each month. Meetings begin at 1:00 pm.



# **DigiPals**

DigiPals is an active group of ComputerPals members who meet on the **third Thursday of** each month at 1 p.m. to explore digital photography.

All meetings will be at Club Lambton.

# **MemoryPals**

The MemoryPals group meet on the <u>first Tuesday</u> of the month at 1 pm;

## **WriterPals**

WriterPals will meet on the <u>second Thursday</u> of the month at 1 pm; Next meeting for Writerpals will be on Thursday 8th February 2024 at 1 pm at Club Lambton. Bring something you've written or some idea you'd like to write about - maybe your own eulogy. After all, who knows you better than you, and who knows better than you what you would like to be remembered for.

# **DigiPals**

DigiPals will meet on the <u>third Thursday</u> of the month at 1 pm.

Next meeting will be at Club Lambton on February 15th 2024 at 1pm

# **Thursday Zoomies**

Thursday is devoted to regular Zoom classes commencing on Thursday 1st February at 10:00 am.

Your should be a paid up member for Term 1 (cost \$10)

An email will be sent out with "What's On" and the log in codes.

These Zoom sessions are ideal for anyone who cannot get to any of the face-to-face classes. We have a topic to start the session then move into Q & A on anything you want to know.

To find out what is on check your email or send an email to us at **contact@computerpals.org.au** to find out how to join our Zoom sessions. They are wonderfully informative and proving very popular

# ComputerPals Mission

Our mission is to educate seniors in the use of computers as a way of enriching their lives and making them more self-reliant.

We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge.

## **Contact Us**



To contact the Roster Team or the Treasurer regarding class rosters

or payments use: <u>islingtonpals@gmail.com</u>



Roster Team

Sandra Keen





Judy Wallace



Jackie Lampe

These people are all volunteers and most also teach classes at Computerpals. We ask that you take this into consideration when your phone call is not answered immediately. Leave your name, number and reason for your call. We will get back to you a.s.a.p.

# Funnybone:

When you're down by the sea and an eel bites your



LISTEN & SILENT are spelled with the same letters

Think About It "



Yawning is your body's way of saying 20% of battery remaining.



I'm not short, i'm just more down to earth than other people.

stupid people from

breeding. We're getting badly outnumbered down here.



Lambs to the left of me. Mutton to the right. Here I am. Stuck in the middle with ewe. 😭 😭 😜



If I am ever on life support, unplug me... Then plug me back in.. See if that works..





Never approach
a bull
from the front,
a horse
from the rear
or an idiot
from any direction.



It doesn't matter how old I get, I'm still going to mentally sing the ABC's to see which letter comes next.







Whatever you're doing today, do it with all the confidence of a four-year-old in a Batman t-shirt.

of the part of the

Think before you talk..

If the person is junior to you..
count upto 10 and then talk.

count upto 30 and talk..

the person is Your senior to you then count 50, then talk..

If the person is your wife.. keep counting..don't talk!

If the person is your husband. keep talking don't count!

**PRIVACY STATEMENT**: Information contained in this Newsletter is only for the members of the ComputerPals Newcastle Inc. The Editor accepts no responsibility for any errors, omissions, libels, inaccuracy or other shortcomings of this newsletter.

A Christmas offering from Writerpals, written some years ago when Writerpals was young.

May you all have a wonderful Christmas (or whatever you celebrate) and a happy, prosperous and healthy New Year.

#### Santa's Worst Christmas

'Twas the week before Christmas and all round the Pole The elves had stopped working and gone on the dole. Santa had toothache, two reindeer were lame Some sleigh parts were broken - new bits never came. So he composed an email to go far and wide "Christmas is cancelled - my brain's just too tired To deal with the problems it brings me each year, So Rudolph and I will kick back with a beer. He took his big boots off to set his feet free The smell put three reindeer to sleep for a week! The elves ran for cover, Mary Christmas as well For truly, they never had smelled such a smell. Rudolph turned green, his nose did as well. Mrs Claus sprayed some freshener to deaden the smell. The trees at the pole all turned withered and brown And the snow melted quickly for five miles around. But the letters kept coming by snail mail and fax As the kids all asked Santa for stuff that they lacked. They sent in their emails from laptop and iPad In high hopes that Santa had room in his bag. Mrs Claus and Rudolph and two kindly elves Decided to do the whole thing by themselves. They glued and they tacked and wrapped things up well, Some other elves helped - to get away from the smell. Just three days to Christmas and all was a mess. Whether Santa would travel was anyone's guess. The panic was on but the elves didn't care They'd found Santa's beer hidden under his chair. They drank all his beer and began on the wine. They couldn't walk straight, much less form a line To pack up the sleigh. O what could he do? Old Santa came up with a thought that was new! Saint Nick called on Lindsay in Newcastle town To see if a coal-loading belt could be found. An old one was found and sent right on through But without the instructions what could Santa do? He wired it up backwards, 'on purpose' some said. He claimed "It's not working" and went back to bed. Mary Christmas called Lindsay to ask what to do and he said "hang in there. I'll come and show you." So he grabbed our Judy and took Ray as well And asked them to help with the coal-loading belt. It didn't take long to find what was wrong With engineer brain and technicians along.

While Lindsay and Santa sat down with a beer Our clever technicians soon had the fault clear. They fixed it all up then the elves had a go At riding the belt and dropping into the snow. They lined the belt up between workshop and sleigh It just might be ready before Christmas Day. With Ray and our Judy to manage the line The belt finally seemed to be working just fine. Then the elves staged a protest to get better pay So Santa said "That's it. It's near Christmas Day! You've pinched all my beer, and drank all my wine So get yourselves out to the loading up line. I'll pay you no more - you might all get the sack If Christmas Eve comes and that sleigh isn't packed." So the elves got real busy and loaded the belt But hid all the labels up high on a shelf. 'Twas the night before Christmas and all round the pole

The elves worked real hard since they'd gone off the dole.

The sleigh was all loaded so Santa climbed on. The elves looked quite sheepish, just wanted him gone.

He kicked off the footbrake, the reindeer rose high And the sleigh soared off up in the clear Christmas sky.

When he got to the first house and found what they'd done

He vowed when he got back he'd fire every one.
But he dipped in his sack and filled each stocking up
And what any kid got was a case of pot luck.
Nobody got what they'd asked him to bring
'Cause Santa just couldn't remember a thing.
There were trucks for some girls and dolls for some

And others got handfuls of small baby toys.

While babies got iPads and iPhones and such.

The parents were puzzled but couldn't say much.

But back at the pole, they all started to wonder

As Santa flew home - his mood black as thunder.

The elves ran and hid, their feet hastened by fear

Hoping Santa would forget all their sins by next year.

With Santa so cranky and his threats growing dire,

The elves thought his whiskers would surely catch
fire.

Computerpals folk soon had him calmed down Then they flew back home to Newcastle town. It was all back to normal back home at the pole He fired all the elves who went back on the dole. Rudolph retired and said "life's now all right, Merry Christmas to all and to all a goodnight!

## An inspirational happy story from Suzanne Clarke, one of our newer members. Enjoy!

### What's It All About Alfie?

What's it all about Alfie, is it just for the moment we live? This song swirls around in my head at times, as I approach the final chapter of my life. I am 75 years young! Pretty hard to believe, when it only seems like yesterday, I held my precious baby girl in my arms, and wondered what she would be like when she grows up.

Getting older is supposed to make you wiser, maybe, or maybe not. However it does give me an opportunity to reflect on my life and the influence or impact I have had on others. If I was to write a story about my life, how would I go about making sense of so many life experiences?

Perhaps thinking of each stage in life, could be expressed as "Chapters," in an amazing tapestry of circumstances, woven around my heart and soul. Maybe there could be some special chapters, when events occur that were life changing, such as becoming a parent or the death of a loved one. Sometimes incidents in my life can even seem like they never happened at all, and yet those often tragic circumstances did happen. After many years of therapy and counselling, means I can file them into a place in my mind, whilst I get on with enjoying the here and now, in this last chapter of mine.

Reliving some of those parts of my life, can bring a sense of regret and a wishing I had hindsight at the time and maybe I could have done something differently. Remembering wonderful times can bring warm feelings of closeness and happiness, coupled with my never ending snapshots, bring the joy of those moments I treasure of family and friends.

However living in the past only holds me back from getting on with adventures, friendships and events that I can enjoy today. No time to waste, as time marches on so quickly, especially as you grow into your twilight years.

Being young at heart is often an expression applied to older folk, and thinking positively about my life is of great benefit, even if the odd ache and pain comes along to rob me of some happy thoughts. Accepting there are activities I can't do now helps me to focus on what I can do, and must do, to keep evolving as a human being. So maybe the rock and roll dancing and loud music has to go by the wayside, and be replaced by more quieter things, such as creative writing, playing cards, doing puzzles and sitting around the campfire under the magical stars. My wonderful friends bring such joy into my life, just knowing each one beings something unique to light up my soul with love and gratitude! Yes, sounds good to me!

Maybe "Alfie" knows the truth, that it is for the moments we live. If I really think about it, my life is made up of moments, and then some. Each moment in time, captured in a photo is the way I treasure a snapshot of memories to remember and relive now and always. And so that hug, kind word or loving gesture really does count in the scheme of things.

As I go further into this song, Alfie asks, "are we meant to be kind" and "without true love we just exist." Maybe that's what it's all about? To remember I need a generous spirit to foster feelings of love and gratitude, maybe not perfectly, but I can consciously work on that! As you say, "let your heart lead the way." I finally got it "Alfie."

Written by Suzanne Clarke. 1st November 2023