



# SWITCHED ON SENIORS

Email : [contact@computerpals.org.au](mailto:contact@computerpals.org.au)

## President

Barry  
Keen



## Dates to Remember

**Clocks go back - Apr 2**

You can still  
**BE A ZOOMIE** and  
join us online. Thurs-  
day mornings @ 9.45  
am

**Special Groups -**  
**Memorypals, Writ-**  
**erpals & Digipals will**  
**meet on their usual**  
**Mondays**

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Australian Seniors  
Computer Clubs Association **ASCCA**

## President's Report—April 2023



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We have had a busy time this term...

- Our classes have been very well attended
- Our Social Day Out that had been planned to visit the Lake Macquarie Marine Rescue station at Swansea Heads was changed because Council advised they were going to resurface the access road. In substitution for this outing Brenton rose to the challenge and we went to the Lake Mac Art Centre at Booragul for a morning tea and viewing of the current art exhibition - 16 members attended and enjoyed the day
- So far we have also had guest speakers from MyGov who talked to us about the new MyGov App and the rebranding of Centrelink to Services Australia at Wallsend Library on 7/3. We intend to ask them to come back and do a similar presentation at Lambton next term.
- Last Monday we had a visit from Jess Conneely, Director & Founder of Dance4Wellbeing who had us 'dancing in our chairs'
- Next week we will have a guest speaker from Services NSW (Alicia Anderson) who will talk to us about **Protect and recover your identity**. Due to her commitments this necessarily will be done on Tuesday 4th April at Wallsend Library at 10:00 am. You are all welcome to attend - **please book in**. She will follow this up with an online Teams presentation on Wednesday 5/4 at Hamilton Library from 1pm. Each session runs for about ½ hour.
- Our Assistance sessions on Monday afternoons have proven more popular than we could handle - without making changes - we had to drop the description of Individual Assistance to just Assistance because there were so many wanting to come that we either had to say 'no' or group people who wanted to learn similar things. You were stretching our available volunteers. It has worked, I believe. If there are any concerns please let me know.
- The Committee met Monday 27/2 and Lindsay proposed a Motion, which was passed and subsequently put to the General Meeting (Morning Tea) for ratification concerning club fees for 2023-24.
- Treasurer - Grahame King gave his report on the club's finances and membership numbers (157)

There have been scams galore this year—It seems a lot of the old ones have been brought out of mothballs for another go-round.

Just this week I have had 3 “urgent” requests for monetary help from friends who have been stranded overseas with wallets and/or passports stolen, no way of getting home without money they are counting on me to send. I spoke to one of them a few hours before receiving the text from her. Wonder why she didn’t mention that she was in Uganda...talking on her landline to me from a few suburbs away in Newcastle.

Last month I mentioned that my daughter had supposedly sent a “Hey Mum” text needing money because she took the wrong card to Woolworths and couldn’t use it. She did it twice more in the last few days (careless child :-)) and is now howling for the blood of all scammers. Nobody throws a non-foul, verbal wobbly quite like my daughter. They were some quite amusing phone calls.

What I am trying to say is simple—trust your common sense and instincts. If it sounds too good to be true, then it is best to steer clear. Likewise, if it is something completely out of left field unusual, steer clear. If you haven’t bought a ticket, you haven’t won a prize. If you haven’t shopped online, why would you be waiting for a delivery that needs clarification or a little bit of extra postage?

If somebody calls up and asks “Can you hear me?” - DO NOT SAY YES. That is the only word they need from you to play havoc with your accounts. Have you ever changed your electricity provider? Anytime I have done that, I have been asked to consent by saying “Yes”. Safe enough to do when I am the one who called them. If they have called you, the odds of safety are only 50/50

I’ve been saying it nearly every month in the newsletter—your own common sense is your best weapon. Trust it.

Get familiar with the Scamwatch and Tec guide sites and keep yourself informed of what is going on in the technological world.

On the social media side, if you get friend requests from people already on your contact list, change your password because it is possible that one of them has had an intruder into their Facebook account.

—oooOooo—

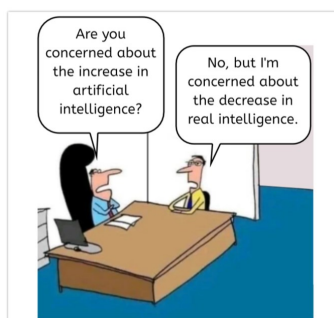
Lunch - cocky style (Harold Franks)

In the wee small hours in our kitchen room  
We keep it tidy with vacuum and broom  
But what a surprise when I put on the light  
I couldn't believe what I had in sight

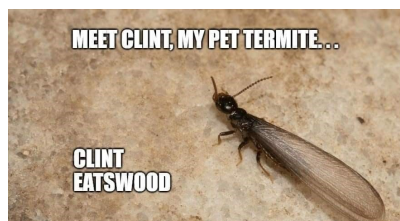
A cockroach was there, with table and chair  
Awaiting the arrival of another cock pair  
The table was set with cockroach food  
Awaiting arrivals and to get into the mood

The sight of the light, scared him away  
But soon he was up and ready to play  
As I moved around, he watched what I did  
He crawled under a cupboard, there just hid

I chased after him, my slipper in hand  
I kept watching to see where he'd land  
His movements were quick, I landed a whack  
Splattered that cocky, with him on his back.



When you turn on the kitchen lights at 2 AM

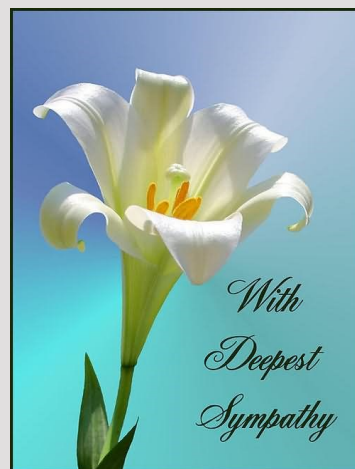


## Best Wishes

*For all our members  
who are celebrating  
birthdays and  
anniversaries - hearty  
congratulations !*



*To those who are ill we  
send our best wishes  
for a speedy recovery.*



## Condolences

*To those of our  
members who have lost  
loved ones recently,  
please accept our  
sincere condolences.  
You are in our  
thoughts.*



## Special Interest Groups



### MemoryPals

Our new group meets on **first Monday** of each month at **1:00pm**.

Reminisce about your childhood memories and learn how to preserve them.



### WriterPals

Our Creative Writing group is for enthusiasts, not experts. We meet on the **second Monday** of each month. Meetings begin at **1:00 pm**.



### DigiPals

DigiPals is an active group of ComputerPals members who meet on the **third Monday** of each month at **1 p.m.** to explore digital photography.

## MemoryPals

### WriterPals

The next few meetings for Writerpals will be at Club Lambton so we can bounce ideas off each other and make sure we have the poetry formats down pat. Next meeting 8th May. We lose April to Easter Monday

On our website you will find the topics and guidelines for the 2023 competitions. I am looking forward to the poetry as the only thing stipulated is the type of poem and the general content. Some are very short eg Haiku (3 lines) Limerick (5 lines) Sonnet (14 lines) Ode (30 lines) Acrostic (built around the letters of a particular word that is the subject of the poem) and Free Verse which is basically a story told as a poem with no real rhyme or rhythm. We can choose up to 4 poems for our entries.

We have 6 topics for creative writing of which we can choose 3 for our stories with a 1000 word limit. Topics include:

What my mother/father said (that had an effect on you

In Transit - just passing through

Storm in a teacup - being the centre of attention

In the Eeriness of the night - an experience that was frightening in the dark

The train - a memorable occurrence or a model

Childhood - from the viewpoint of a child



## DigiPals

Digital Photography - There are 7 categories and we are allowed 1 photo in each category, with the emphasis on creativity and interpretation. All entries are to be submitted by the individual photographer who is permitted to present one photograph, to a maximum size of 4MB in each category, taken between 2nd September 2022 and 15th September 2023. No post camera manipulation will be permitted — except minor cropping, straightening and exposure adjustments. Full information can be found on the ASCCA website.

## Thursday Zoomies

Thursday will be devoted to regular Zoom classes commencing at 10:00 am. An email will be sent out with “What’s On” and the log in codes.

To find out what is on check your email or send an email to us at [contact@computerpals.org.au](mailto:contact@computerpals.org.au) to find out what is coming up and how to join our Zoom sessions. They are wonderfully informative and proving very popular

## ComputerPals Mission

Our mission is to educate seniors in the use of computers as a way of enriching their lives and making them more self-reliant. We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge.



## Some more gems from Harold Franks

**His New Boots**

A husband, to the store, he went  
A handful of money, he had spent  
New pair of boots upon his feet  
Thought the world was, oh so sweet

Home he trots, new boots on show  
Heart and head quite a glow  
Wife my dear, look what I've got  
Turned to him, said, not a lot

Into bathroom he did go  
A naked body is now on show  
The boots, of course, still exposed  
But not a single piece of clothes

To his wife, he went again  
Brand new boots shown so plain  
Upon her face is a worried frown  
Your manly piece is hanging down

The husband, now in danger mood  
Almost called out something rude  
"It's my new boots, it's looking at"  
Wife's reply, "should have bought a hat"

**Painted clouds.**

I sit and watch the clouds rush by  
Painting pictures upon the sky  
A rider sits on a painted horse  
Sets out upon a well worn course

He's headed off, into outer space  
A mermaid now will take his place  
Until the wind, in hurried pace  
Has left her now without a face

The dancers then come on the scene  
Swirling around, as if in a dream  
Scattering shadows to and fro  
Before they, too, have to go

Dark clouds now upon the scene  
Where the gentle white had been  
Making things look very plain  
That soon we're in for heavy rain

The thunder roars, the lightning flash  
Upon the land, the waters crash  
The eddies form, the gutters flow  
How long it lasts, we do not know

The clouds have cried, their waters done  
Creek and river again will run  
The grass is green, the trees in bloom  
The sun's return, will be with us soon

**A GOAT TREE**

Goats to the west of me, goats to the east of me  
Goats high in the old scrub tree  
The herder is trying to round up his herd  
The goats seem to think they're some kind of bird

Branches are bent with the weight of the flock  
When the wind blows, the goat herd will rock  
The farmer is worried, he wants to go home  
If he gets his flock home no more will they roam

The sheep in the meadow, the cows in the corn  
Goats in the scrub tree, the farmer not gone  
He's waiting to see what the next move might be  
Should he get a chain saw and cut down that tree

**Nature's Revenge**

The sky is clouding over, the sun has lost its shine  
There's a stillness in the air yet the forecast said its "fine"  
Clouds are racing onward, like horses in a race  
The wind is blowing strongly to keep up with the pace

The thunder sends a warning, lightning flashes bright  
Birds have heard the warning and hurry off in flight  
The horses in the paddock, let out a frenzied call  
While heavy drops of water soon begin to fall

Rain falls down in torrents, day as dark as night  
Water on the roadway, racing as if in fright  
Into the local river, awake from months of dry  
Taking all before it, let's out a mournful cry

Rain continues onward, no hint of break in sight  
River runs a banker, locals locked into a fight  
Against the rushing waters, invading homes at will  
Soon the muddy waters are up to the window sill

Rescues now are needed, boats and men on hand  
It's hard upon the water, to see uncovered land  
All night the rain keeps falling, new records now to make  
This town of seven thousand, now sitting in a lake

For days the river's flooded, racing on to sea  
The locals sit and ponder, and wonder what will be  
While nature, in its wisdom, works to clear the air  
To restore this earth once more, with tender, loving care

**Progress**

From long, long ago, I'll tell you a tale  
Of the way that we delivered our mail  
It came overnight, in bags locked tight  
And opened each morning on site

The postie, each morning, upon his red bike  
Delivered his letters to post boxes in sight  
His whistle he blew, to tell you he's been  
Bringing letters and packets so clean

Our telephone calls, a delight for us all  
When you rang, a person answered your call  
An instant response, from doctors, or such  
An answer without any rush

Now progress has blossomed, a sigh of relief  
A letter can now take many weeks  
The telephone call, we've all heard the clue  
Press button one, or press button two

Leave your name and number, we'll call you  
My friend, it may be a day, ever two  
But progress it is, just ask the snail mail  
This progress, I find, makes me quite pale



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## Contact Us



To contact the Roster Team or the Treasurer regarding rosters or payments use:

[islingtonpals@gmail.com](mailto:islingtonpals@gmail.com)

## Roster Team



Sandra Keen



Mitzi Gordon



Judy Wallace

Jackie Lampe



These people are all volunteers who also teach classes at Computerpals. We ask that you take this into consideration when your phone call is not answered immediately.

## Funnybone



How smart is your right foot?

This is hysterical. You have to try this.

It is absolutely true. I guess there are some things that the brain cannot handle.

1. While sitting in a chair, lift your right foot off the floor and make clockwise circles.
2. Now, while doing this, draw the number '6' in the air with your right hand. Your foot will change direction.

I told you so! And there is absolutely nothing you can do about it! You and I both know how stupid it is, but before the day is done you are going to try it again, if you've not already done so.

ENGLISH IS THE ONLY LANGUAGE WHERE YOU DRIVE IN PARKWAYS AND PARK IN DRIVEWAYS.

IT'S ALSO THE ONLY LANGUAGE WHERE YOU RECITE IN A PLAY AND PLAY IN A RECITAL.

YOUR FINGERS HAVE FINGERPRINTS BUT YOUR TOES DON'T HAVE TOEPRINTS.

YET YOU CAN Tiptoe, BUT NOT TIPPINGER.



THE WORD QUEUE IS JUST A Q FOLLOWED BY FOUR SILENT LETTERS.

JAIL AND PRISON ARE SYNONYMS, BUT JAILER AND PRISONER ARE ANTONYMS.

WHEN YOU TRANSPORT SOMETHING BY CAR, IT'S CALLED A SHIPMENT, BUT WHEN YOU TRANSPORT SOMETHING BY SHIP, IT'S CALLED CARGO.

THE WORD QUEUE IS JUST A Q FOLLOWED BY FOUR SILENT LETTERS.

IF YOU SEE ME TALKING TO MYSELF JUST MOVE ALONG I'M SELF EMPLOYED WE'RE HAVING A STAFF MEETING

The first testicular guard, the "Cup," was used in Hockey in 1874 and the first helmet was used in 1974.

That means it only took 100 years for men to realize that their brain is also important.

Ladies....Quit Laughing.

I wish I was a glow worm,  
A glow worm's never glum,  
'Cos how can you be grumpy  
When The sun shines out your bum!

STUDENT WHO OBTAINED 0% ON AN EXAM

- Q1. In which battle did Napoleon die?  
\* his last battle
- Q2. Where was the Declaration of Independence signed?  
\* at the bottom of the page
- Q3. River Ravi flows in which state?  
\* liquid
- Q4. What is the main reason for divorce?  
\* marriage
- Q5. What is the main reason for failure?  
\* exams
- Q6. What can you never eat for breakfast?  
\* Lunch & dinner
- Q7. What looks like half an apple?  
\* the other half
- Q8. If you throw a red stone into the blue sea what it will become?  
\* It will simply become wet
- Q9. How can a man go eight days without sleeping?  
\* No problem, he sleeps at night.
- Q10. How can you lift an elephant with one hand?  
\* You will never find an elephant that has only one hand.
- Q11. If you had three apples and four oranges in one hand and four apples and three oranges in other hand, what would you have?  
\* very large hands
- Q12. If it took eight men ten hours to build a wall, how long would it take four men to build it?  
\* No time at all, the wall is already built.
- Q13. How can u drop a raw egg onto a concrete floor without cracking it?  
\* Any way you want, concrete floors are very hard to crack.

ONE MINUTE YOU'RE YOUNG AND FUN, THE NEXT YOU'RE PREDICTING THE WEATHER WITH YOUR BAD KNEE.

This bear IS ALIVE it was a tag and release under sedation, but just to give u perspective of a grizzly bears paw!!



SOMETIMES I WONDER



WHAT HAPPENED TO THE PEOPLE WHO ASKED ME FOR DIRECTIONS

Did you know on the Canary Islands there is not one canary? And on the Virgin Isles? Same thing - not one canary there either!

How IN THE HECK ARE THEY LAYING HARD BOILED EGGS?



I'M NOT CRAZY I'M JUST ... SPECIAL! ...NO, WAIT MAYBE I AM CRAZY. I NEED TO TALK TO MYSELF ABOUT THIS ...HOLD ON!



So technically Moses was the first man to download files from the cloud using a tablet.



I'VE BEEN TO A LOT OF PLACES BUT I'VE NEVER BEEN IN CAHOOTS. APPARENTLY YOU CAN'T GO ALONE, YOU HAVE TO BE IN CAHOOTS WITH SOMEONE. I'VE ALSO NEVER BEEN IN COGNITO, EITHER. I HEAR NOBODY RECOGNIZES YOU THERE. I HAVE, HOWEVER, BEEN IN SANE. THEY DON'T HAVE AN AIRPORT. YOU HAVE TO BE DRIVEN THERE. I HAVE MADE SEVERAL TRIPS.

A Friend is someone who thinks you're a Good Egg even though you're slightly cracked...or sometimes slightly scrambled!



Paddy went to the doctors with two burnt ears.

Doctor: "What happened?"

Paddy: "The phone rang, and I accidentally picked up the iron"

Doctor: "What about the other ear?"

Paddy: "They called back"

HELL HATH NO FURY LIKE A TODDLER WHO'S SANDWICH HAS BEEN CUT INTO SQUARES WHEN THEY WANTED TRIANGLES.

WE CAN ONLY BLAME OURSELVES FOR ALL THE CRIME AND VIOLENCE TODAY. WE REMOVED ALL THE PHONE BOOTHS AND NOW SUPERMAN HAS NOWHERE TO CHANGE.

I got kicked out of a flat earth group for asking if this 6 ft social distance rule pushed anyone over the edge yet...

THIS MAY NOT END WELL!

After the last child moved out, the old woman sold the shoe and moved into a flat.

HOW MANY OF THE ABOVE DID YOU ALREADY KNOW?

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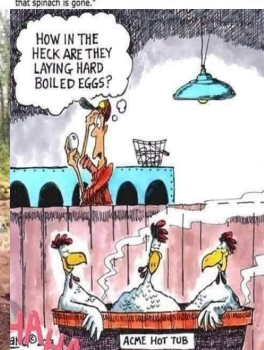
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## Hilarious Things My Mother Taught Me...

1. My mother taught me TO APPRECIATE A JOB WELL DONE. "If you're going to kill each other, do it outside. I just finished cleaning."
2. My mother taught me RELIGION. "You better pray that will come out of the carpal."
3. My mother taught me about TIME TRAVEL. "If you don't straighten up, I'm going to knock you into the middle of next week."
4. My mother taught me LOGIC. "Because I said so, that's why."
5. My mother taught me MORE LOGIC. "If you fall out of that swing and break your neck, you're not going to the store with me."
6. My mother taught me FORESIGHT. "Make sure you wear clean underwear, in case you're in an accident."
7. My mother taught me IRONY. "Keep crying, and I'll give you something to cry about."
8. My mother taught me about the science of OSMOSIS. "Shut your mouth and eat your supper."
9. My mother taught me about CONTORTIONISM. "Will you look at that dirt on the back of your neck!"
10. My mother taught me about STAMINA. "You'll sit there until all that spinach is gone."



Looks like we're going to need another computer instructor ...it only took them a day to drive this one nuts.



Daughter: Dad, I have a flat tire!

Dad: Can't you call your husband?

Daughter: I tried, he didn't answer.

Dad: Do you have a spare?

Daughter: He didn't answer either.

A guide to putting your clocks backward

SMARTPHONE Leave it alone it does its own magic

OVEN You'll need a Masters in Electrical Engineering or a Hammer

CAR CLOCK Leave it alone for 6 months

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## It says right here...



Grandma is supposed to spoil me!

I prefer not to RUSH ... But when I do, I RUSH VERY SLOWLY

WILL I COMPLETE MY BUCKET LIST? NOT YOURS, BUT SOMEBODY'S

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From the desk of Brenton, our social director extraordinaire, who found us a most enjoyable outing as our first for the year. A lovely morning tea preceded a toddle around the Museum and then home. Thank you, Brenton. You never fail to impress.

Our first social outing for 2023 was to the Museum of Art & Culture (Lake Mac Art Gallery in a previous life) at Booragul, where 16 members attended.

With M/Tea first on the agenda, those present were able to catch up, discuss ‘anything and everything’ over a cuppa and some tasty eats before moving to the gallery. The exhibition currently showing comprised of works by high school children, with paintings, drawings and photographs on a wide range of topics. The standard was excellent, many of these budding artists displaying talent well beyond their years. With the outside temperature steadily rising, it was definitely the place to be, and only a few braved the hot sun to briefly inspect a few of the sculptures present on the grounds surrounding MAC.

As noted previously, the original destination for this outing was to be to the Marine Rescue HQ at Swansea, but had to be cancelled due to a LMCC roadwork programme. It is envisaged we will arrange this destination at another time soon.

