



# SWITCHED ON SENIORS

Email : [contact@computerpals.org.au](mailto:contact@computerpals.org.au)

## President

Barry Keen



## Dates to Remember

**Social outing Fri 4th Nov**

You can still **BE A ZOOMIE** and join us online. Thursday mornings @ 9.45 am

**Special Groups - Memorypals, Writ-erpals & Digipals will meet via ZOOM on their usual Mondays**

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Australian Seniors Computer Clubs Association **ASCCA**

## President's Report—NOVEMBER 2022

We have our next **social outing** (organised by Brenton) **this Friday 4/11 to the Tilligerry Habitat, Tanilba Bay**. If you haven't sent Brenton your registration form you need to get cracking! [CLICK HERE](#). See more information on page 3.

I am forwarding the ASCCA November [CLICK HERE](#) or you can go to [ASCCA.org.au](http://ASCCA.org.au) — for your information and entertainment.

There is information about the upcoming ASCCA Conference (online) on **Thursday 10th November 9:00 am to 4:45 pm**

You need to buy a ticket to attend—go to:

<https://events.humanitix.com/ascca-2022-conference> - There will be a whole bunch of very interesting speakers.

The program is [HERE](#)

It's basically an all day event but having said that you can come and go during the day and pick and choose the speakers you want to hear.

Towards the end of the conference (3:20 pm there will be the announcement of the **ASCCA Competitions winners** - fingers crossed - we hope to have some success).

Our **Christmas Lunch** date has changed from 9/12 to now be on **FRIDAY 16/12 starting at 11:30 am**. Brenton will be sending out an email with details and registration form for this towards the end of November.

## 8 Places You Should Never Charge Your Phone

If you're travelling and your phone goes flat, here are some of the recharging pitfalls. Better to purchase a power bank which can be recharged without the dangers of losing your information or identity.

Public charging stations may seem like a welcome solution, but using them could set you up for trouble. Why? "Those charging stations and USB devices can be easily modified to give criminals access to your phone, including installing software on the phone," says James Goepel, CEO at [Fathom Cyber](#) and a cybersecurity professor at Drexel University. Here's where you should never use a public USB port to charge your phone.

**Airports** have banks of charging stations and places where you can leave your phone to charge up. But trusting unknown devices is where the danger lies. But if you bring your own plug and your own cable, you're stand a better chance of not being a victim.

### Train stations

Configuring USB ports to extract data from the phones of individuals who use USB ports to charge their phones is known as "juice jacking," says Jack Vonder Heide, president of [Technology Briefing Centers Inc](#). For example, a criminal might set up a free charging station in a bus terminal or train station. When people plug their phones into the USB port, their phone gets charged but their sensitive data also gets copied, he says.

**Rental Cars**—public USB ports for charging are everywhere these days, including rental cars. "They are very convenient and often easier to find than an open outlet," says Stacey Clements, who advises small businesses on cybersecurity. But instead of using the public USB port, she recommends you use an adapter with an electrical outlet and invest in a **portable power bank**. But, it's also just a bad idea to charge your phone in your car anyway.

**Hotels and Motels**—That USB port on the alarm clock may seem handy. But potentially, "a malicious person could set up the situation where you go and plug in your phone or device," Glassberg says. "And in addition to giving you a charge, they can manipulate the phone or device to either allow them to suck data off the device, or install malware on the device without your knowledge." Carrying a rechargeable power bank would be much safer.

**Shopping Centres**— "The USB charging hub at a shopping centre can be connecting to your phone and send your contact list, email and text messages, voice mails, pictures, and videos," according to Rich Smith of [Reege's Tech Reviews](#). "It may also copy passwords, banking data, personal contacts and the other data held on your phone. That public USB hub might even transfer programs, like malware to your phone."

**Tourist Attractions**—When your phone dies on a family vacation, it can be tempting to plug into one of the public kiosks available at many tourist attractions. Not only can that compromise your device, but someone might also even remotely be able to turn on your camera or microphone.

**Coffee Shops**—Cybersecurity experts warn that criminals are installing hidden readers and downloaders between the USB ports and the power sources in coffee shops, airports, lounges, and other public places, says former Microsoft executive and cybersecurity expert [J. Eduardo Campos](#). So when you charge your device while sipping your drink in a coffee shop, you might be opening yourself up to identity theft.

"Worse than giving up your information to an unknown party, your phone can be 'infected' by malware downloaded into your phone," Campos says. "Then, the criminal will just monitor your phone usage and wait to collect any financial data or sensitive information, or just use your data plan to carry out spurious transactions like taking out credit cards or opening accounts in your name. Another way to protect yourself? Get a USB port protector, which you plug between your phone and the public power station to avoid any unauthorized data transfer. That way, you can use any public USB power source without your cell phone or tablet being hacked, Campos says.

**A library** may seem like a safe space, but you should still avoid plugging your mobile devices into any USB ports that have been outside your control. "It may be perfectly fine, but there is a risk of data transfer being initiated or something even more nefarious, like rooting the device," says Clay Miller, chief technology officer of [SyncDog](#). "There is no way to know whether or not public charging stations have been compromised in some way, so it's just better to be safe than sorry."

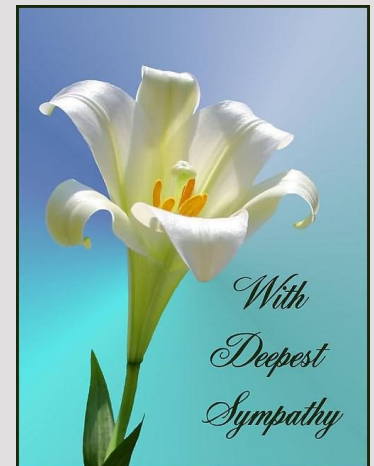
Power banks are available at any mobile phone outlet and range from the small economical unit to the ridiculously expensive monstrosity that comes with all bells and whistles. [Jen McCaffery](#) Updated: Sep. 23, 2022 Readers Digest

## Best Wishes

*For all our members who are celebrating birthdays and anniversaries - hearty congratulations !*



*To those who are ill we send our best wishes for a speedy recovery.*



## Condolences

*To those of our members who have lost loved ones recently, please accept our sincere condolences. You are in our thoughts.*

From the desk of Brenton, our incredibly inventive and creative Social Organiser. He does a fantastic job of organising interesting outings for our enjoyment, so please let him know how much you enjoy your time communing with nature and enjoying the beauty of this lovely area in which we live.

## BRING YOUR CAMERAS

Our next outing will be a nature walk and photographic opportunity (one we had to postpone due to COVID 19 issues) at Tilligerry Habitat along with the Tanilba Bay Foreshore Reserve, Tanilba Bay on Friday 4th November next.

With few options at Tanilba Bay and Lemon Tree Passage, we will meet at McDonalds Williamtown for a coffee 'fix' before tackling the main event.

The Tilligerry Habitat is a State Reserve Trust run entirely by volunteers - the paths throughout are a credit to them, with well graded gravel paths and timbered bridges and walkways where required to traverse low lying areas and creeks. There are numerous paths to explore, along with the main walk circuit which will begin and end at the Centre's office, taking you through a myriad of trees, palms, grasses and herbs including Scribbly Gum Eucalyptus, Burrawang palm like plants, Blady Grass, along with Egg & Bacon Herbs. Along the foreshore you will see a number of trees fallen into the water and virtually rooting into the sand below the surface. All the while, there are numerous bird species calling this area home, along with Koalas (if you are lucky enough to spot them). The main circuit should take approx. 1 hour plus exploration and photographic stops, while there are a number of other tracks to explore. Run by volunteers, the Visitor Centre is generally open daily from 9.00am - 3.00pm, along with a Nursery where plants of local provenance are sometimes available for purchase. Information (including a map) can be obtained from [www.tilligerryhabitat.org.au](http://www.tilligerryhabitat.org.au) Details as follows;

**When:** Friday 4th November 2022

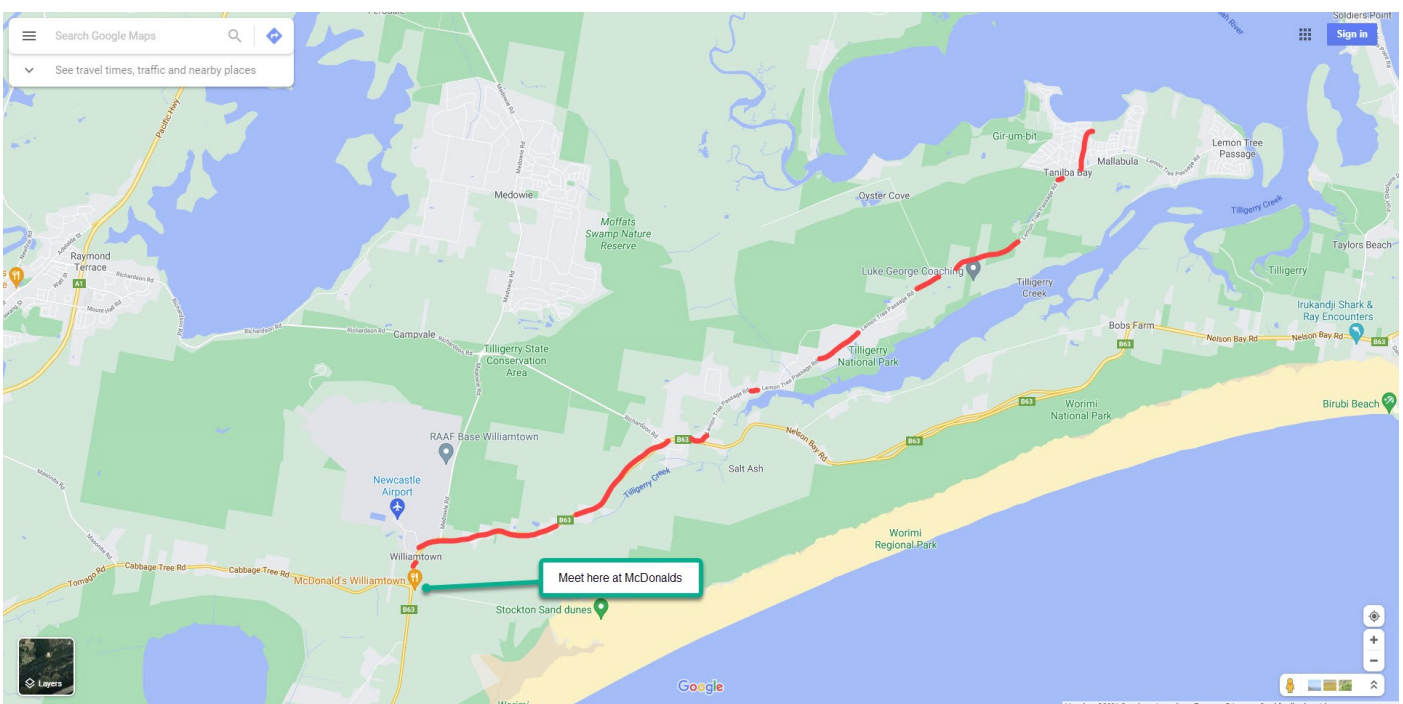
**Meet:** McDonalds, Williamtown

**Time:** 9.15am - Morning Tea

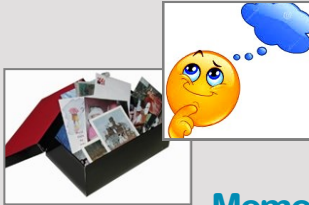
10.00am - Leave for Tilligerry Habitat

**Cost:** Morning Tea, N/C for Habitat entry.

The usual outdoor activity 'necessaries' are suggested, including comfortable walking shoes, hat/cap, insect repellent and of course, your camera. You might like to print out the walking trail map and bring it with you for obvious reasons. Direction maps were attached to the email Brenton sent out.



## Special Interest Groups



### MemoryPals

Our new group meets on **first Monday** of each month at **1:00pm**.

Reminisce about your childhood memories and learn how to preserve them.



### WriterPals

Our Creative Writing group is for enthusiasts, not experts. We meet on the **second Monday of each month**. Meetings begin at **1:00 pm**.



### DigiPals

DigiPals is an active group of ComputerPals members who meet on the **third Monday of each month** at **1 pm** to explore digital photography.

## MemoryPals

## WriterPals

## DigiPals

### PLEASE NOTE:

These **Interest Groups** have been combined for the past few months to work on Multi-media Journaling Projects involving all three interests.

The groups themselves have fallen into a slight form of disarray over the past few months getting the competition entries organised and learning new stuff for the Multimedia competition.

We are much more talented now than we have ever been but there is always more to learn.

Help is readily available should you require it No need to book - just join the group.

**Creative Writing** - If anyone is interested in a last get-together before Christmas, feel free to come to Club Lambton next Monday with your entries and feedback so we can have a bit of a chinwag, swap stories and opinions and share our experiences of this competition.

**Feedback** from the various judges has been trickling in. All is of a positive nature with good suggestions for future improvement, but it is impossible to tell from the feedback whether the particular entry is a winner or not. Personally, I think everyone who entered is a winner. It takes courage to put your creativity out there for people to examine and critique. Therefore, well done to all who entered. I hope you all do well.

## Thursday Zoomies

Thursday will be devoted to regular Zoom classes commencing at 10:00 am. Please note the change of day.

An email will be sent out with “What’s On” and the log in codes.

To find out what is on check your email or send an email to us at [contact@computerpals.org.au](mailto:contact@computerpals.org.au) to find out what is coming up and how to join our Zoom sessions. They are wonderfully informative and proving very popular

## ComputerPals Mission

Our mission is to educate seniors in the use of computers as a way of enriching their lives and making them more self-reliant. We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge.

### Contact Us



To contact the Roster Team or the Treasurer regarding rosters or payments use:

[islingtonpals@gmail.com](mailto:islingtonpals@gmail.com)

### Roster Team



Sandra Keen



Mitzi Gordon



Judy Wallace



Jackie Lampe

These people are all volunteers who also teach classes at Computerpals. We ask that you take this into consideration when your phone call is not answered immediately.

### Funnybone —

**THIS MAN ASKED THE KID THE WAY TO THE POST OFFICE. BUT HIS RESPONSE IS HYSTERICAL.**

A little boy was waiting for his mother to come out of Morrisons Store.

As he waited, he was approached by a man who asked, "Son, can you tell me where the Post Office is?"

The little boy replied, "Sure! Just go straight down this street and at the end turn to your right!"

The man thanked the boy kindly and said, "I'm the new minister in town. I'd like for you to come to church on Sunday. I'll show you how to get To Heaven."

The little boy replied with a chuckle. "Awww, come on... You don't even know the way to the Post Office."

**Procrastination is totally a good thing. You always have something to do tomorrow, plus you have nothing to do today.**

So I was in a shoe shop this morning trying on a shoe, I said to the assistant "It's too tight". She said "Try it with the tongue out" I said "It'th nho ghooed, it'th thtill thoo thight".



**I TOLD THE WAITRESS MY STEAK WAS BAD. SHE PICKED IT UP, SLAPPED IT, PUT IT DOWN AND SAID, "IF IT GIVES YOU MORE TROUBLE LET ME KNOW!"**



**Looters have it easy today. It was a lot harder to run with a Color TV in 1968.**

If you ever feel like your brain is inadequate... Think of this guy!



**Do alcoholics run in your family?**

No, but they stumble around and break shit

**Wife texts husband on a cold winter morning: "Windows frozen, won't open." Husband texts back: "Gently pour some lukewarm water over it and then gently tap edges with hammer." Wife texts back 10 minutes later: "Computer really messed up now."**

**Just figured out that ghosts are people who died trying to fold a fitted sheet**

**FINALLY!**

**SOMEONE MADE A COFFEE CUP FOR LEFT-HANDED PEOPLE**

He's got his thinking cat on



**The Royal Mail Post Office is being renamed Charles III Post Office, or C3PO for short.**

**What do we learn from cow, buffaloes & elephants?**



**It's impossible to reduce weight by eating green grass and salads and walking**

**I COULDN'T ASK FOR BETTER FRIENDS... MORE NORMAL ONES MAYBE!! BUT WHAT FUN WOULD THAT BE?**



**Hold on Jack ...the council are on their way .**

If GH can stand for P as in Hiccough,  
If OUGH stands for O as in Dough,  
If PHTH stands for T as in Phthisis,  
If EIGH stands for A as in Neighbor,  
If TTE stands for T as in Gazette,  
If EAU stands for O as in Plateau,  
  
The right way to spell POTATO should be:  
GHOUGHPTHTEIGHTTEAU

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