



SWITCHED ON SENIORS

Email : contact@computerpals.org.au

President

Barry Keen



Dates to Remember

- **AGM - August 5th**
- **Social jaunt - Aug 19th**

You can still **BE A ZOOMIE** and join us online. Thursday mornings @ 9.45 am for a 10 am start

Special Interest Groups - Memorypals, Writerpals & Digipals will meet on their usual Mondays

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Australian Seniors Computer Clubs Association **ASCCA**

President’s Report—AUGUST 2022

July was a very busy month with our face-to-face classes, Special Interest Groups, Zoom sessions, and a very well attended Members Morning Tea (general meeting) - see the Social report for more information.

We were approached to participate in a pilot program ‘Your Health in your hands’ with grant funding through Good Things Foundation and the Australian Digital Health Agency. The program runs over two months and has commenced with four sessions (two sessions for two separate groups) already done. The aim is to empower Australians to develop their awareness, confidence, trust in and use of digital technologies to support their health care needs. Monday (1/8) was a very big day for us for the ‘Your Health in your hands’ sessions with 35 learners and 11 tutors in the morning and 8 learners plus tutors in the afternoon.

We need your help! - please let us know if you intend coming as this will allow us to round up more tutors if they are needed to help you. Keep your eye on your email and if you see one calling for you to register for classes then please use the link and do it.

Our presentation at Lambton Library today (Tuesday 2/8) had to be diverted to Club Lambton. The library was vandalised over the weekend and put out of action pending repairs to equipment and the entry doors.

This Friday, we will be having our Annual General Meeting starting 11:00 am at Cardiff RSL Club (45 Macquarie Rd, Cardiff) followed by a buffet lunch. Nominations are held for all committee positions.

Next Monday 8/8, at Club Lambton—10:00 am, we’ll start off with personal learning and then we’ll join a webinar on ‘My Health Record and your Privacy’ - good stuff to learn about—you need to be there!

As part of the recent grant we purchased an Apple MacBook Air so that we can help some of our learners who use Apple devices.

Barry Keen
President

STUFF IT’S HANDY TO KNOW TO KEEP YOU SAFE ONLINE——

Helpful information is available on the ACCC’s Scam watch page at www.scamwatch.gov.au and ASIC’s www.moneysmart.gov.au/investment-warnings/investment-scams.

Most banking institutions have information details on their websites about scams and safe banking practices. You just have to find the elusive blighters.

To learn more about scams, how to spot them and how to avoid them visit www.imb.com.au/security.

Your own common sense and instinct is your best protection.

For Example.....

If you get a text message or a message on Facebook from someone who “loves your personality” and wants to get to know you and will you please send him a “friend request” - he doesn’t love your personality because he can’t see past the bank account he hopes you have... delete it and do not reply and especially do NOT sent him the requested “friend request”

If you get an email saying “Your computer has been infected with 433 eg viruses that need to be removed immediately before irreparable damage is done - ignore and delete. I have been getting them for weeks. It is either Norton or McAfee wanting to sell you virus protection.

If your curiosity prompts you to click on a Facebook ad that catches your eye eg a book, a gadget, a coat etc - resist the temptation to click. You will get bombarded ad nauseam. with similar items whether you made a purchase or not. Remember the fisherman, if he gets a nibble, he will cast again and again in the same spot until he gets a bite.

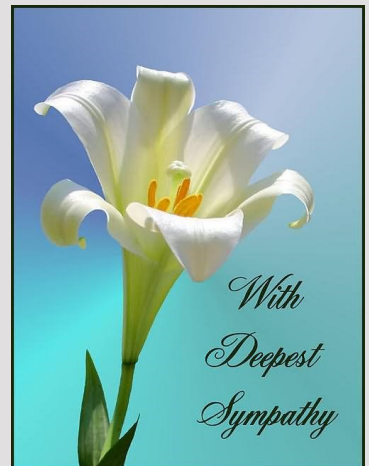
The more time you spend idling through social media, the more likely you are to get got, because as you tootle through, you relax and become less aware of the problems you could find, or that could find you. Always stay aware of what you are seeing. More than one rabbit ended up as food for baby hawks because it got complacent.

Best Wishes

For all our members who are celebrating birthdays and anniversaries - hearty congratulations !



To those who are ill we send our best wishes for a speedy recovery.



Condolences

To those of our members who have lost loved ones recently, please accept our sincere condolences. You are in our thoughts.



FROM THE DESK OF BRENTON, OUR SOCIAL ORGANISER EXTRAORDINAIRE

Morning Tea.

Monday 4th saw a great attendance of some 73 members for the first Morning Tea/Meeting held at our new 'headquarters', Club Lambton (Lambton Bowling Club).

President Barry opened proceedings with a welcome to members and guests and an outline of the Club's current situation. He then introduced the first of the guest speakers, Liz Curran and Olivier Paterson from Service NSW who did an excellent job of explaining the numerous benefits and savings available, covering a diverse range of services including power and water supplies, travel and accommodation vouchers etc. They also advised that one could book a personal meeting with a Service NSW person for a full explanation of all the savings on offer to seniors, thus avoiding the sometimes-difficult process of navigating through the myriad of options within the site.

A 'yummy' Morning Tea followed, put together by Immediate Past President Sandra and her helpers, giving members a chance to mingle and catch up, while others took the opportunity to ask further questions of the Service NSW ladies or pay their annual membership renewals to Treasurer Grahame.

'Tank & tummies' satisfied, it was time for the next guest speaker, Kathy Lewis from NovaCare to enlighten members on the various home care services available. This topic was certainly of interest as we are all closing on the time of needing some of what is on offer, if not for ourselves then maybe a family member. Plenty of questions were asked and there was a good amount of literature available to allow members to take home and absorb in their own time. After lucky door prizes were drawn, it was then pack-up time, with members then able to once again mingle or ask further questions of the guest speakers before heading home.

It appears the move to this locality for the holding of such events (along with classes and committee meetings) has been met with approval judging by the excellent attendance, helped in no small way no doubt by the excellent parking facilities – a real point of concern at our previous location.

AGM/Lunch

Don't forget our AGM/Lunch on Friday 5th August at the Cardiff RSL Club

Social Day Out - See Brenton's email for booking information.

Our next social outing will be to the Lake Macquarie Yacht Club, Belmont on Friday 19th August next.

I have received a number of requests to arrange another lunch meeting following on from a previous cancelled (rained out) exploration of Green Point, ending up instead at the Belmont 16's Club where all those present enjoyed a communal sit-down to feed their worms and talk about everything and nothing. With uncertain weather at that time in August (could well be cold, windy or rainy - maybe fluke a sunny day?) I have decided on a safer option. Bearing in mind the ongoing COVID issues and the ever-present Flu, this venue offers indoor, outdoor, and 'in-between' dining options which, with a little social distancing should be as good as it gets from a health point of view. Add in a magnificent setting amongst the yachts, sailors/would-be sailors doing their thing, and scenery to die for, what a place for a little lunchtime indulgence (and no need to cook dinner!) - ENJOY.

As lunchtime can become busy sometimes, it is suggested to arrive before the restaurant commences accepting orders. This way, we can sort out the seating and be ready to place our orders before it becomes busy, thus allowing more time to take in the views and enjoy each other's company. Details are as follows;

When: Friday 19th August 2022

Where: Lake Macquarie Yacht Club, Ada St, Belmont

Time: Meet from 11.00 am - the restaurant opens from 11.30 am to begin taking orders.

Special Interest Groups



MemoryPals

Our new group meets on **first Monday** of each month at **1:00pm**.

Reminisce about your childhood memories and learn how to preserve them.



WriterPals

Our Creative Writing group is for enthusiasts, not experts. We meet on the **second Monday** of each month. Meetings begin at **1:00 pm**.



DigiPals

DigiPals is an active group of ComputerPals members who meet on the **third Monday** of each month at **1 p.m.** to explore digital photography.

MemoryPals

WriterPals

DigiPals

PLEASE NOTE:

Each Monday during the school terms those club members interested in furthering their skills our special interest areas are invited to attend Club Lambton at 1:00 pm. If need arises we may meet via Zoom, but everyone will be advised of this beforehand.

The next meeting will be Aug 8th, at Club Lambton where we will exchanging ideas and encouragement for the Writing Competition.

All are welcome to attend our meetings. And on 15th August we will be working on Digital Photography—bring along some of your photos to show and maybe enter in the ASCCA Photo comp.

The first Monday of the coming month (5th September) will be for people interested in Memorypals, just bring some ideas with you of anything special you might enjoy doing to help preserve, protect and perpetuate your memories and maybe work on some family history aspects.

Help is readily available should you require it No need to book - just join the group.

COMPETITIONS: time is getting short. Get your entries finalised.

Multimedia competition entries are **CLOSED**

Creative Writing entries open on 2nd August, close at midnight on 16th August. Get your entries in.

Digital Photography entries open 15th September, close at midnight on 30th September

Thursday Zoomies

Thursday will be devoted to regular Zoom classes commencing at 10:00 am. An email will be sent out with “What’s On” and the log in codes.

To find out what is on check your email or send an email to us at contact@computerpals.org.au to find out what is coming up and how to join our Zoom sessions.

ComputerPals Mission

Our mission is to educate seniors in the use of technology as a way of enriching their lives and making them more self-reliant.

We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge.

Contact Us



To contact the Roster Team or the Treasurer regarding rosters or payments use:

islingtonpals@gmail.com

Roster Team



Sandra Keen

Mitzi Gordon



Judy Wallace

Jackie Lampe



These people are all volunteers who also teach classes at Computerpals. We ask that you take this into consideration when your phone call is not answered immediately.

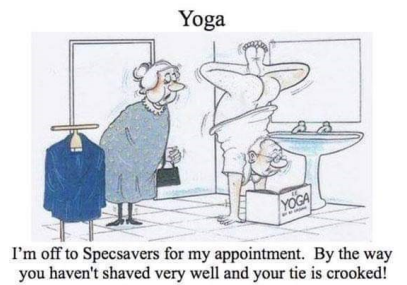
Funnybone —

A man goes into a beachfront bar carrying a bag. He put the bag on the bar and orders a beer. The bartender gives the guy a beer then notices the bag is moving, and says “I’m sorry, we can’t have animals in here.” The man says “Oh, it’s not an animal.” The man reaches into the bag and pulls out a little piano and puts it on the bar. He then pulls out a little piano stool and places it in front of the piano. He then pulls out a man about a foot tall dressed in a tuxedo who bows and sits at the piano and starts playing Mozart. The barkeeper is stunned and says “Is... is that magic? Witchcraft? What the hell?!” The man says “No, I was out on the beach and I found an old bottle, when I rubbed the sand off a genie appeared and gave me a wish.” The bartender says “Can I use the bottle also?” The man shrugs and says “Sure, I’ve used my wish.” He pulls an old bottle out of the bag and hands it over. The bartender grabs the bottle and rubs it and sure enough, a genie appears and says “I will grant you one wish.” The bartender says “I want a million bucks!” The next thing you know the bar is full of ducks, floor to ceiling and spilling out the door, the customers are screaming and trying to run away, and the genie disappears back into his bottle. The bartender screams at the man “OMG! Is that genie hard of hearing?!” The man said “Yeah, did you think I wished for a twelve inch pianist?”

This is the transcript of the ACTUAL radio conversation between the British and the Irish, off the coast of Kerry, Oct 98. Radio conversation released by the Chief of Naval Operations 10-10-01:

IRISH	Please divert your course 15 degrees to the South, to avoid a collision.
BRITISH	Recommend you divert your course 15 degrees to the North, to avoid a collision.
IRISH	Negative. You will have to divert your course 15 degrees to the South to avoid a collision.
BRITISH	This is the Captain of a British navy ship. I say again, divert YOUR course.
IRISH	Negative. I say again. You will have to divert YOUR course.
BRITISH	THIS IS THE AIRCRAFT CARRIER HMS BRITANNIA! THE SECOND LARGEST SHIP IN THE BRITISH ATLANTIC FLEET. WE ARE ACCOMPANIED BY THREE DESTROYERS, THREE CRUISERS, AND NUMEROUS SUPPORT VESSELS. I DEMAND THAT YOU CHANGE YOUR COURSE 15 DEGREES NORTH, I SAY AGAIN, THAT IS 15 DEGREES NORTH, OR COUNTER-MEASURES WILL BE UNDERTAKEN TO ENSURE THE SAFETY OF THIS SHIP.
IRISH	We are a lighthouse. Your call.

Apparently you can't use 'beefstew' as a password.
It's not stroganoff.



MY KIDS LAUGH BECAUSE THEY THINK I'M CRAZY.
I LAUGH BECAUSE THEY DON'T KNOW IT'S HEREDITARY.

NEVER ASK THE INTERNET FOR MEDICAL ADVICE.

I've gone from mild headache to clinically dead in three clicks.

DAN BACKLAND FOR GRUMPY OLD GITS | @LITTLE CHURCH HOUSE LTD MMXIX

BLESSED ARE THOSE WHO SNUGGLE AND HUG, SPOIL AND PAMPER, BOAST AND BRAG... FOR THEY SHALL BE CALLED GRANDMOTHERS!

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