



# SWITCHED ON SENIORS

Email : [contact@computerpals.org.au](mailto:contact@computerpals.org.au)

## President

Barry Keen



## Dates to Remember Social Outing - May 7th

You can still **BE A ZOOMIE** and join us online. Thursday mornings @ 9.45 am

**Special Groups - Memorypals, Writerpals & Digipals will meet via ZOOM on their usual Mondays**

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## President's Report

March has been another busy month, starting off with our Social Day Out on Friday 4th March. It was to be a Green Point Foreshore picnic & walk but the weather was threatening and at the last minute the call was made to change and we met at the 16 Footers Club for lunch. 14 members and friends gathered and we all had a very pleasant time out.

Our classes have been extremely popular at Club Lambton on the Mondays (ex 21/3 when Club Lambton were having a bowls Gala Day). Numbers and popularity of classes at Wallsend Library have also continued increase.

Classes will commence at Hamilton Library on 6th April (but then we'll have a short break) at all venues for the school holidays with the exception below.

**A REMINDER** - Monday 4/4 & 11/4 - 10-11:30 am BeConnected at **Club Lambton** followed at 1:00 pm a class on **Facebook for Phones & Tablets** - Running over two weeks - **cost \$10**. Click on **HOW TO PAY**. Please Note the exception: The latter date (11/4) is in the first week of the school holidays and we will meet that day.

**Term 2** will start on Tuesday 26th April at Wallsend Library with the other venues following on their respective days—

Mondays—Club Lambton 10:00—11:30 am for BeConnected  
- 1:00—2:30 pm **Combined Memorypals/Digipals/Writerpals meeting**  
**2nd May in another section of the club we will run a class #11 - Internet & Email Security—Cost \$5**

Tuesdays– Wallsend Library 10:00—11:30 am for BeConnected

Wednesdays– Hamilton Library 10:00-11:30 am for BeConnected

### PLEASE BOOK IN FOR ALL OF THE ABOVE SESSIONS

Thursdays– our ZOOM Session 10:00-11:30 am for our online Zoomers



**Another piece of very good news**—at long last we have been successful with our application to gain Charity status. More study of the detail needs to happen so we understand all of the requirements and what it means for us. I'll tell you more in due course.

**STUFF IT'S HANDY TO KNOW TO KEEP YOU SAFE ONLINE**



There are quite a few of these scams currently happening....

Go to the link below for information on Missed delivery, call or voicemail (Flubot) scams

<https://www.scamwatch.gov.au/news-alerts/missed-delivery-call-or-voicemail-flubot-scams>

We (ACCC) use hyperlinks to give you more information. If you don't want to click hyperlinks, you can search for the information on the [cyber.gov.au](https://www.cyber.gov.au).

—o0o—

**WARNING AND REMINDER FROM DEPARTMENT OF HEALTH**

With lockdowns, masks and social distancing the norm over the past two years, rates of other respiratory illness such as influenza and whooping cough have plummeted. But as we open up, medical experts warn that those infections will bounce back with a vengeance.

One concern, though, is these low rates may have lulled us into complacency. It might mean many people haven't been in any rush to get their flu vaccine.

What's more, because very few of us have had these infections over the past two years, we have probably experienced less of a boost in any 'natural' immunity.

We need to be wary of these infections bouncing back, especially as we head into winter and our borders open to international travellers.

The Australian Technical Advisory Group on Immunisation (ATAGI) last week released advice urging all Australians to get a flu vaccine once available, which is likely to be from April.

—o0o—



**SENIORS FESTIVAL SHOPPING CENTRE EXPO**

Our club was represented by several volunteers at Wallsend and Jesmond Shopping Centres during their Expo for Seniors Week. The team, led by Lindsay Threadgate, chatted to members of the public and answered any queries about their devices.

A Lucky Draw held at each centre for a one year club membership + 2x 90 minute classes (total value \$40 each). The winners were:-

Pam March  
Dianne Moos

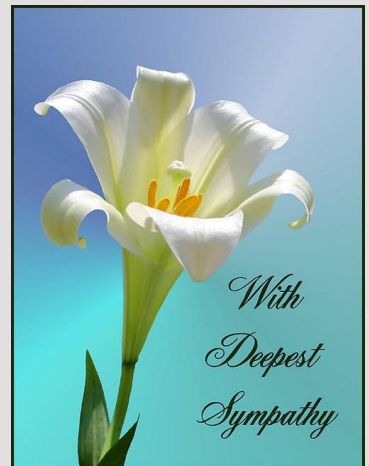
Congratulations ladies!

**Best Wishes**

*For all our members who are celebrating birthdays and anniversaries - hearty congratulations !*



*To those who are ill we send our best wishes for a speedy recovery.*



**Condolences**

*To those of our members who have lost loved ones recently, please accept our sincere condolences. You are in our thoughts.*





**FROM THE DESK OF BRENTON, OUR SOCIAL ORGANISER EXTRAORDINAIRE**

With the ground soggy from the 'big wet' and further rain predicted, it was decided to cancel our First Term outing to Green Point Reserve and instead meet for lunch at the Belmont 16's Club.

Under patchy blue skies (would you believe!), some 14 Members enjoyed each other's company in air-conditioned comfort. Tales and yarns were spun in between eating, with everyone enjoying the altered outing.

While the next outing is scheduled for Saturday 7th May, this may well be changed due to the ongoing fluid nature of Government COVID decisions – stay tuned for updates and outing details as time draws nearer.

**Things in life**

Another gem from Harold

There's things in life that are hard to explain  
 Be it simple or complex, it's all just the same  
 Why do we do it, or why is it done  
 Is it because we all live under the sun?

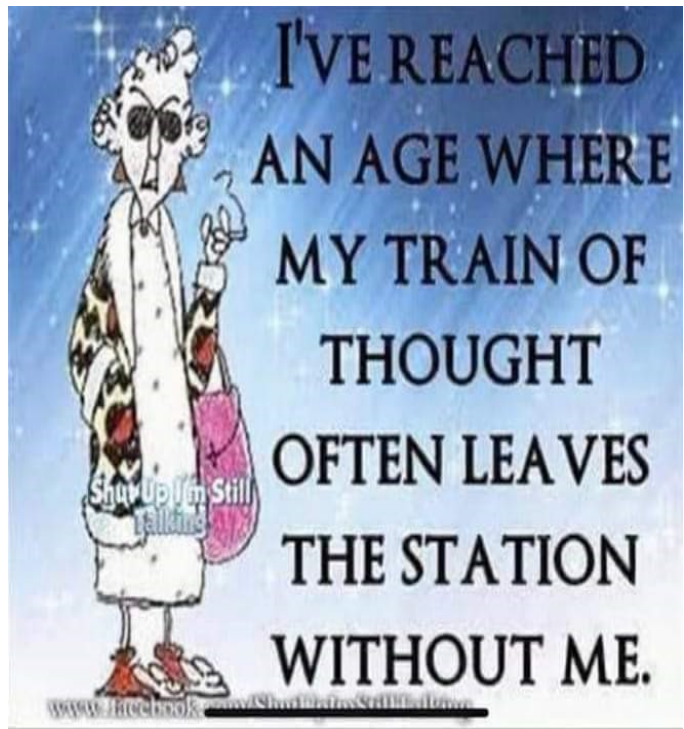
As a lad, was told, there's a man in the moon  
 Now they tell us, we'll be walking there soon  
 Why, I ask, would you want to be there  
 Life on earth, we're just needing fresh air

Volcanos and earthquakes, why do they act  
 A vulcanologist may give us the facts  
 Tsunami is another, I don't understand  
 Destruction abounds when it takes a hand

Conservationists tell us, the earth's in a state  
 A collapse is expected, if we keep up this rate  
 Those who can change it, don't seem in a race  
 They move along at a stop and start pace

When all's said and done, little is done  
 There's little to laugh at, such little fun  
 A pandemic it seems, can't make us gel  
 It looks much like "we're heading for hell"

—oOo—



**Me Pome**

Dedicated to Harold

A friend of mine was bored one day and thought he'd write a pome.  
 His wife was out with friends for lunch and he was stuck at home.  
 He sat and thought, then thought some more, and finally decided  
 Writing pomes was just a chore and not to get excited.

He tried to make his mind up what his pome would be about  
 So went to the fridge to get a beer but found that he'd run out.  
 All he found within that fridge was almond milk and stuff  
 He wasn't drinking vegan stuff 'cause he was big and tough.

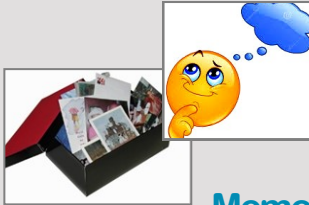
His wife had gone off in the car so the pub would mean a walk  
 But just as he locked up the door the rain began to fall.  
 House key with the car keys deep in his wife's black purse  
 He knew he'd have a wet cold walk, but hail would be much worse.

He couldn't get back in the house 'cause of course he had no key  
 So had to wait upon the step wondering how long she'd be  
 He ended up with man-flu from the wet and cold that day  
 And Lord knows, man-flu germs can really make you pay.

It hailed in town as he found out when his loving wife got home  
 New car pockmarked by hailstones and him, dying - without a pome.  
 She took a photo then of his unhappy, miserable self  
 And sent it off to the ASCCA comp – her trophy's on the shelf.



## Special Interest Groups



### MemoryPals

Our new group meets on **first Monday** of each month at **1:00pm**.

Reminisce about your childhood memories and learn how to preserve them.



### WriterPals

Our Creative Writing group is for enthusiasts, not experts. We meet on the **second Monday** of each month. Meetings begin at **1:00 pm**.



### DigiPals

DigiPals is an active group of ComputerPals members who meet on the **third Monday** of each month at **1 pm** to explore digital photography.

## MemoryPals

## WriterPals

## DigiPals

### PLEASE NOTE:

These **Interest Groups** have been combined for the next few months to work on Multi-media Journaling Projects involving all three interests.

Each Monday during the school terms those club members interested in furthering their skills in these areas are invited to attend Club Lambton at 1:00 pm. If need arises we may meet via Zoom, but everyone will be advised of this beforehand.

The next meeting will be April 4th, at Club Lambton where we will be combining with the other groups to learn more about telling stories using multi-media formats.

All are welcome to attend our meetings, just bring some ideas with you of anything special you might enjoy doing to help preserve, protect and perpetuate your memories and memorabilia.

Help is readily available should you require it. No need to book - just join the group.

## Thursday Zoomies

Thursday will be devoted to regular Zoom classes commencing at 10:00 am. Please note the change of day.

An email will be sent out with "What's On" and the log in codes.

To find out what is on check your email or send an email to us at [contact@computerpals.org.au](mailto:contact@computerpals.org.au) to find out what is coming up and how to join our Zoom sessions.

## ComputerPals Mission

Our mission is to educate seniors in the use of computers as a way of enriching their lives and making them more self-reliant. We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge.



### Contact Us



To contact the Roster Team or the Treasurer regarding rosters or payments use:

[islingtonpals@gmail.com](mailto:islingtonpals@gmail.com)

### Roster Team



Sandra Keen

Mitzi Gordon



Judy Wallace

Jackie Lampe



These people are all volunteers who also teach classes at Computerpals. We ask that you take this into consideration when your phone call is not answered immediately.

### Funnybone —

If I am ever on life support, unplug me... Then plug me back in.. See if that works..



DON'T RUN WITH BAGPIPES



YES I'VE MADE MISTAKES  
LIFE DIDN'T COME WITH INSTRUCTIONS  
AND IF IT DID, I PROBABLY WOULDN'T FOLLOW THEM ANYWAY



Next time someone rings your home phone, test their intelligence by replying with, "Hi, can I call you back I'm driving"



I had a hen who could count her own eggs. She was a mathemachicken.



Two little boys were at a wedding when one of them leaned over to other and asked, "How many wives can a man have?" His friend answered, "Sixteen... four better, four worse, four richer, and four poorer."

For genuises only  
THE BATTLE OF ENGLISH AND MATHEMATICS!  
QUESTION:

1 rabbit saw 6 elephants while going to the river. Every elephant saw 2 monkeys going towards the river. Every monkey holds 1 parrot in their hands. How many Animals are going towards the river???



YOU DON'T HAVE TO BE CRAZY TO BE MY FRIEND...  
IT WILL JUST HAPPEN...  
GIVE IT TIME.

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