

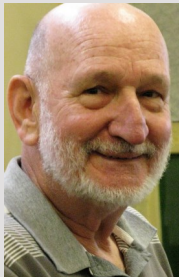


# SWITCHED ON SENIORS

Email : [contact@computerpals.org.au](mailto:contact@computerpals.org.au)

**President**

**Barry Keen**



**Dates to Remember**

**SEPTEMBER**

**Lockdown continues till Sept 10th at this stage. Stay safe, warm and healthy.**

*You can still **BE A ZOOMIE** and join us online. Fri mornings @ 9.45 am*

**Special Groups - Memorypals, Writ-erpals & Digipals will meet via ZOOM on their usual Mondays**

**In This Issue**

- Social Outing      Page 2
- Special Interest Groups      Page 4
- Funnybone      Page 5
- Competitions      Page 6



**President’s Report**

What a way to start our ComputerPals financial year—with a COVID lockdown! Our AGM plans were the first casualty with the need to cancel our booking at Cardiff RSL and resort to plan B and run the AGM meeting via Zoom. In all it proceeded successfully and I was very pleased with the spirit everyone exhibited. Thank you to all the outgoing Committee and Executive for an excellent job done during the past years. As we had to defer the 2020 AGM we held it in conjunction with the AGM 2021. It has been a challenging time for everybody but our team have come up with the goods and thank you to our members who have continued to support us. Thank you to Marj Stanton for a great job as Returning Officer.

The incoming Committee for 2021-22 are:

- President:                      Barry Keen
- Vice President:              Jackie Lampe
- Secretary:                      Lindsay Threadgate
- Treasurer:                      Grahame King

Committee members: Immediate Past President: Sandra Keen; Brenton Elsey; Mitzi Gordon; Ray Hinton; Narelle Martin; Fred Neal; Margie Olsen; Merv Pope; Carmel Smith; Judy Wallace

Since lockdown we have swung into presenting the balance of the scheduled classes via Zoom. Most people enrolled are continuing to engage online and have been joined by others that responded to email promotion of the classes which is most encouraging.

We have a sub-committee looking at Future Directions of the club in respect to where or whether we have a clubroom and the look of classes being presented. More will be announced when their findings are presented and adopted by the committee.

Meantime, during Lockdown, we will continue to deliver the program via Zoom and I encourage everyone to join us. Zoom is easy to use, you just have to have the desire to learn how and want to continue to be socially engaged during our time of lockdown and social distancing. When we are allowed to return to the clubroom we have a COVID-Safe Plan in place for the protection of all concerned and will follow the NSW Health directives.

It was pleasing to see to level of responses to the survey I sent out seeking information about the topics you want to learn. That information will be used by the Team when formulating classes for next Term.

Cheers,  
Barry Keen

**Well it looks like the dreaded COVID-19 is creeping ever closer, with lockdown still upon us.**

**As a result, we will be postponing this outing to a date to be fixed once our region has come out of lockdown and the situation has become much clearer. To avoid any confusion, those members who to date advised that they were originally attending will need to reply again, as the new date may not suit some of you.**

**"Stay tuned' for further updates.**

Our next outing will be a nature walk and photographic opportunity at Tilligerry Habitat along with Tanilba Bay Foreshore Reserve, Tanilba Bay on Saturday 14th August next.

Stay safe, The Tilligerry Habitat is a State Reserve Trust run entirely by volunteers - the paths throughout the area are a credit to them, with well graded gravel paths and timbered bridges and walkways where required to traverse low lying areas and creeks. There are numerous paths to explore, along with the main walk circuit which will begin and end at the Centre's office, taking you through a myriad of trees, palms, grasses and herbs including Scribbly Gum Eucalyptus, Burrawang palm like plants, Blady Grass, along with Egg & Bacon Herbs. Along the foreshore you will see a number of trees fallen into the water and virtually rooting into the sand below the surface. Numerous bird species call this area home, along with Koalas ( if you are lucky enough to spot them). The main circuit should take approx. 1 hour plus exploration and photographic stops, while there are a number of other tracks to explore. With the Visitor Centre closed (COVID), information (including a map) can be obtained from [www.tilligerryhabitat.org.au](http://www.tilligerryhabitat.org.au)

**When: Date to be decided after lockdown**

**Meet:** McDonalds, Williamtown

**Time:** 9.15am - Morning Tea  
10.00am - Leave for Tilligerry Habitat

**Cost:** Morning Tea, Lunch wherever ??? (your option), N/C for Habitat entry

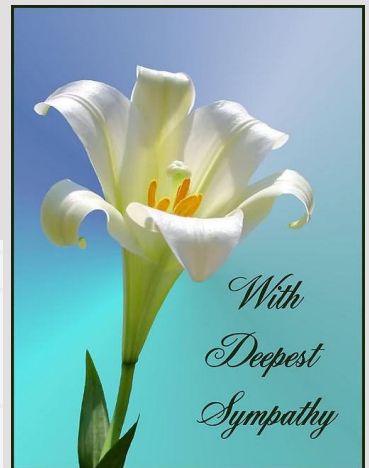
The usual outdoor activity 'necessaries' are suggested, including comfortable walking shoes, hat/cap etc. and of course, your camera. It is suggested that you print out the walking trail map and bring it with you for obvious reasons. Direction maps are attached.

**Best Wishes**

*For all our members who are celebrating birthdays and anniversaries - hearty congratulations !*

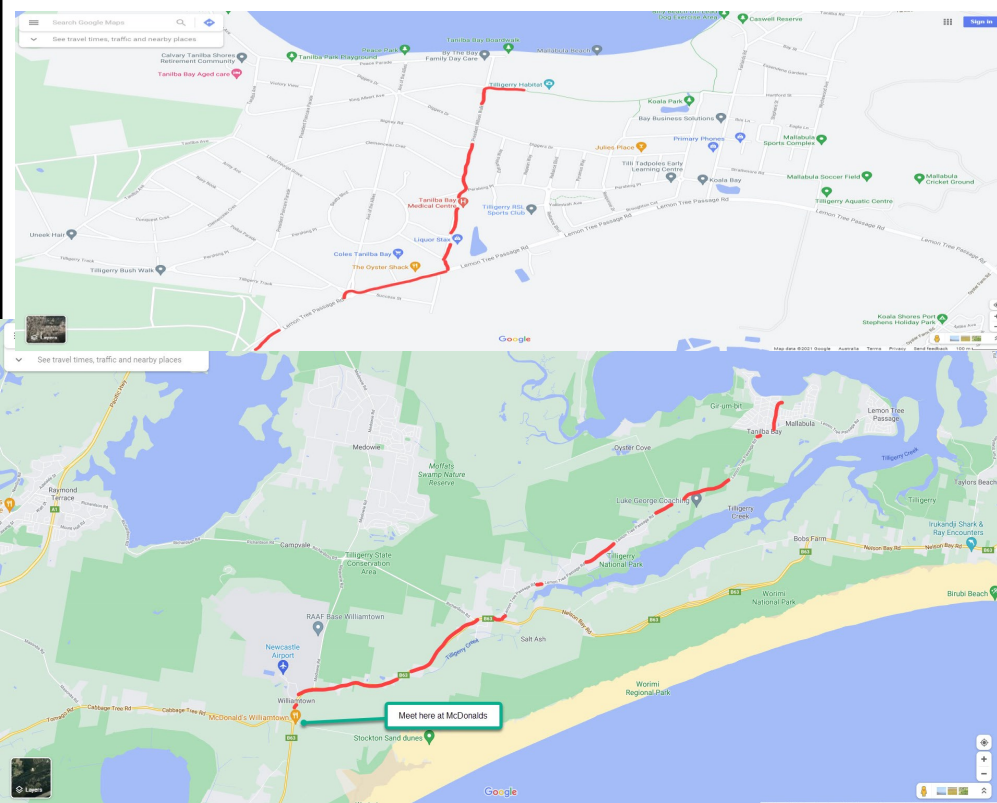


*To those who are ill we send our best wishes for a speedy recovery.*



**Condolences**

*To those of our members who have lost loved ones recently, please accept our sincere condolences. You are in our thoughts.*



Harold Franks has written a special tribute to the nurses and emergency workers including those at the testing centres who are in the firing line of people who don't like to cooperate.

**TRIBUTE TO PANDEMIC MEDICOS**

May it be doctors, nurses, ambulance drivers  
It's thanks to you we have so many survivors  
A pandemic with us, which knows no mercy  
Attacked the aged and feeble firstly

Then delta came, to spread much worse  
When doctors, nurses became the first  
To front this curse, with all your training  
But saps your strength and leave you draining

The ambo's became the new front lines  
Shuttling patients with first signs  
Doctors, sisters and nursing crew  
Do the tasks they learned to do

Hours, days turn into years  
Still we live in constant fears  
Just the jabs and you between us  
You carry on, no blame, no fuss

You show to us your love and devotion  
Combining with some deep emotion  
As you carry on each day  
It's for the Lord and you we pray.

**Our Nurses**

In times of extreme, our nurses are there  
To help and to aid and treat you with care  
Be it labour or ops and all in between  
You're in good hands with these lovely Queens

Then came pandemic, and the terrible years  
Where each one of us have to live with our fears  
Two jabs in the arms, to keep it at bay  
With help from the Lord, this we must pray

The I C U and the hospital wards  
Keep many of you "flat to the boards"  
Isolation it is, for those with the curse  
No family allowed, this is the worst

Nurses take over the family ties  
Holding the hands of those who have died  
With no one to comfort, no one allowed in  
Dear Lord, I'm thinking this is a sin

Battle on you must, what a beautiful lot  
Without you, I know, we'd all be so lost  
With hope and wishes, from millions of us  
To control this pandemic, is really a must.

Carry on nurses, you do yourselves proud  
We stand and salute you, our heads in a bow  
The fate of our nation lay upon your shoulders  
And a monument made from Australia's fine boulders.



After the Great Flood, God asked Noah to build another ark. God said "I want it to have lots of different levels"

"What do you want to put in it?" asked Noah.

"Fish" said God

"Fish"" said Noah. "What kind of fish?"

"Carp" said God

"Why Carp?" asked Noah

"Well" said God. "I've always fancied have a multi story carp ark"

*A Little Poem For Seniors, so true it hurts!*

Another year has passed And we're all a little older.  
Last summer felt hotter And winter seems much colder.  
There was a time not long ago When life was quite a blast.  
Now I fully understand About 'Living in the Past'  
We used to go to weddings, Football games and lunches..  
Now we go to funeral homes And after-funeral brunches.  
We used to go out dining, And couldn't get our fill.  
Now we ask for doggie bags, Come home and take a pill.  
We used to often travel To places near and far.  
Now we get sore asses From riding in the car.  
We used to go to nightclubs And drink a little booze.  
Now we stay home at night And watch the evening news.  
That, my friend is how life is, And now my tale is told.

So, enjoy each day and live it up...

**Incredible** Before you're too damned old!



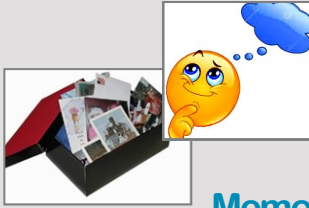
**At a couples counselling meeting the speaker mentioned that couples are so disconnected that 85% of husbands don't even know their wives favourite flower.**

**Mick turned to his wife and whispered:**

**"It's self raising, isn't it?"**

Due to a power outage, the house was very dark so the paramedic asked Kathleen, a 3-yr old girl to hold a flashlight high over her Mommy so he could see while he helped deliver the baby.. Little Connor was born. The paramedic lifted him by his feet and spanked him on his bottom And he began to cry. The paramedic then asked the wide-eyed 3-yr old what she thought about what she had just witnessed. She quickly respondec 'He shouldn't have crawled in there in the first place, spank him again!'

## Special Interest Groups



### MemoryPals

Our new group meets on **first Monday** of each month at **1:00pm** in the clubroom. Reminisce about your childhood memories and learn how to preserve them.

### WriterPals

Our Creative Writing group is for enthusiasts, not experts. We meet on the **second Monday** of each month at 15 Hubbard Street, Islington. Meetings are from **1:00 pm**. until we go home!



### DigiPals



DigiPals is an active group of Computer-

Pals members who meet on the **third Monday** of each month at **1 pm**. in the Islington clubroom to explore digital photography.

### Tablet & Phone Help

If you have a portable device; iPad, Android tablet we have a Special Interest group called Tablet & Phone Help. **Fourth Friday** each month is our regular meeting **IpAd** at **11 a.m**, **Android** at **1pm** in the clubroom.



## MemoryPals

The next meeting of MemoryPals will be next Monday, via ZOOM

All are welcome to attend our Zoom meetings, just bring some ideas with you of anything special you might enjoy doing to help preserve, protect and perpetuate your memories and memorabilia.

*Sandra will send around an email reminder of the meeting*

Help is readily available should you require it No need to book - just join the Zoom group.

## WriterPals

**Everybody has a story to tell...**Our next Writerpals meeting will be **September 13 th** starting at 1pm via Zoom...

This is also last week before the ASCCA competitions close, so please get your entries in. Entry form is accessible on the ASCCA website.

How about logging in and sharing some tales about your activities and what you got up to during the last few months and how you got on with your entries for the ASCCA Creative Writing Competition

**Give writing a go...you don't even have to tell anyone...just try!**

**I know I'm looking forward to catching up with some of your ideas**

## DigiPals

Digipals people watch your inbox for an email from Barry who will let you know all the DigiPals details.

Digipals group meets on the 3rd Monday of the month at 1 pm and no doubt Barry will have some great ideas for your enjoyment and entertainment.

## Friday Zoomies

For those who can't make it into the classroom, Friday will be devoted to regular Zoom classes.

An email will be sent out with "What's On" and the log in codes.

To find out what is on check your email or send an email to us at [contact@computerpals.org.au](mailto:contact@computerpals.org.au) to find out what is coming up and how to join our Zoom sessions.

## ComputerPals Mission

Our mission is to educate seniors in the use of computers as a way of enriching their lives and making them more self-reliant. We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge.

## Contact Us



To contact the Roster Team or the Treasurer regarding rosters or payments use:

[islingtonpals@gmail.com](mailto:islingtonpals@gmail.com)

## Roster Team

Sandra Keen



Mitzi Gordon

Judy Wallace



Narelle Martin

Jackie Lampe

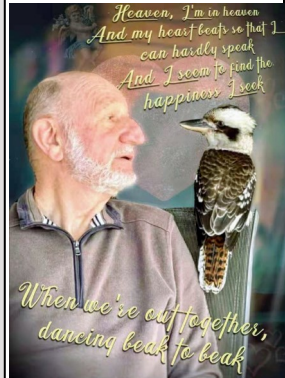


*These people are all volunteers who also teach classes at Computerpals. We ask that you take this into consideration when your phone call is not answered immediately.*

## Funnybone —

**I JUST TOLD MY SUITCASES THAT WE AREN'T GOING ON VACATION THIS YEAR**

**NOW I'M DEALING WITH EMOTIONAL BAGGAGE.**



Writing is 90% procrastination and 30% panic.

### SPELL CHECKER

Eye halve a spelling checker;  
It came with my pea sea.  
It plainly marks four my revue,  
Miss steaks eye kin knot sea.

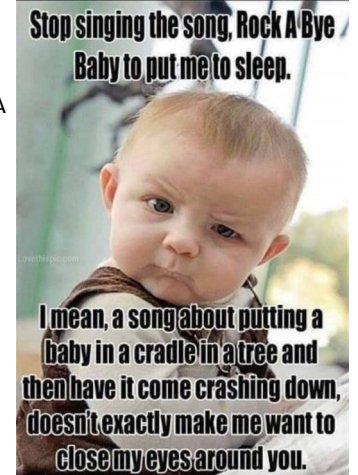
Eye strike a key and type a word,  
And weight four it two say,  
Weather eye am wrong oar write;  
It shows me strait a weigh.

As soon as a mist ache is maid,  
It nose bee fore two long.  
And eye can put the error rite;  
Its rare lea ever wrong.

Eye have run this poem threw it;  
I am shore your pleased two no,  
Its letter perfect awl the weigh.  
My spell checker tolled me sew!

- Dad, are we pyromaniacs? Yes, we arson.
- If you're bad at haggling, you'll end up paying the price.
- Just so everyone's clear, I'm going to put my glasses on.
- A generous army general walked into a bar and ordered everyone around.
- I lost my job as a stage designer. I left without making a scene.
- How much did Long John Silver pay to get his ears pierced? A buccaneer.
- Ron once worked at a Chicago pizza shop to get by. He kneaded the dough.
- Fran and her friends named their band 'Duvet'. It's a cover band.
- Dave lost his wife's audiobook, and now he'll never hear the end of it.
- Why is 'dark' spelled with a k and not c? Because you can't see in the dark.
- Why is it unwise to share your secrets with a clock? I guess, time will tell.
- When Bill told his contractor he didn't want carpeted steps, they gave him a blank stair.
- Prison is just one word to you, but for some people, it's a whole sentence.
- Doctors got together to study the effects of alcohol on a person's walk, and the results were staggering.
- I'm trying to organize a hide and seek tournament, but good players are really hard to find.
- I got over my addiction to chocolate, marshmallows, and nuts. I won't lie, it was a rocky road.
- What do you say to comfort a friend who's struggling with grammar? There, their, they're.
- Greg went to the toy store and asked the assistant where the Schwarznegger dolls are and he replied, "Aisle B, back."
- What did the surgeon say to the patient who insisted on closing up his own incision? Suture self.
- After going to California, Carolyn started telling everyone about the benefits of eating dried grapes. It's all about raisin awareness. (Don't wine about grape puns.)

An old cowboy walks into a barbershop for a shave and a haircut. He tells the barber he can't get all his whiskers off because his cheeks are wrinkled from age. The barber gets a little wooden ball from a cup on the shelf and tells the old cowboy to put it inside his cheek to spread out the skin. When he's finished, the old cowboy tells the barber that was the cleanest shave he'd had in years, but he wanted to know what would have happened if he had accidentally swallowed that little ball. The barber replied, "Just bring it back in a couple of days like everyone else does."



**Wife texts husband on a cold winter morning:**  
**"Windows frozen, won't open."**  
**Husband texts back: "Gently pour some lukewarm water over it and then gently tap edges with hammer."**  
**Wife texts back 10 minutes later: "Computer really messed up now."**



**PRIVACY STATEMENT:** Information contained in this Newsletter is only for the members of the ComputerPals Newcastle Inc. The Editor accepts no responsibility for any errors, omissions, libels, in accuracy or other shortcomings of this newsletter.

The list of subject matter for the **Photographic Competition** gives you a very enticing range of topics to display your creativity. If you have questions, please contact Barry Keen through the Computerpals email or phone number.

I wish you all the very best of good luck and happy shooting.

## Digital Photography Competition 2021 — Guidelines

**Entries open 15th September and close at midnight on 30th September 2021.**

Send your entry, with your head and shoulders (selfie) photograph and a completed entry form to [competitions@ascca.org.au](mailto:competitions@ascca.org.au).

ASCCA Board members and professional photographers are ineligible to enter.

The approach this year is on creativity and interpretation of the categories. Photographic technical ability is still important but not more important than the creative interpretation of the subject. Considering both will allow all entrants to show their abilities. The seven categories include enough scope and a broad enough explanation to allow entrants with a wide range of skills and imagination to confidently enter any category. **All entries are to be submitted by the individual photographer who is permitted to present one photograph, to a maximum size of 4MB in each category, taken between 2nd September 2020 and 15th September 2021.**

No post camera manipulation will be permitted — except minor cropping, straightening and exposure adjustments.

### CATEGORIES Up to seven photos allowed

**1.0 People — Femininity/Masculinity** - More than an image, rather a visual expression (your interpretation) of the essence of being male or female of any age.

**2.0 Companionable animals** - Filling a void (or finding a place) at any age. Capturing the magical attraction of small furry, hairy, scaled or feathered companions.

**3.0 Nature — The Seasons and Weather** - The delights and excitement of the seasonal or climatic changes in the natural world around you.

**4.0 Night time — Dusk to Dawn** - Any image captured at night with or without additional artificial lighting.

**5.0 The Wild Card — Just Plain Ugly** - It's in the eye of the beholder.

**6.0 Simplicity** - Images which say more with less and/or by powerful composition and/or the use or absence of colour.

**7.0 Form in nature** - Images that capture naturally created lines, shapes, patterns, or mathematical sequences, etc. in the natural world.

**Champion Digital Photographers** — winners will be selected by judge/s.

40 points for first place, 30 points for second place  
20 points for third place, 10 points for highly commended  
1 club point for each photograph entered.

Winners will be announced at the ASCCA Conference on 10th November. Their names, selfies and entries will be published on the ASCCA website after 10th November, 2021.