

# **SWITCHED ON SENIORS**

Email: contact@computerpals.org.au

**President** 



Sandra Keen

#### Dates to Remember

Tuesday, 11th Oct:

The fun (classes) starts again.

Friday, 11th Nov: Enrolment Day

Members Morning Tea Monday 10th October

#### In This Issue

Social Events Page 2

Funnybone Page 3

Special Interest Groups
Page 4

Tech Talk will start again when I learn how to put in a new page.





#### President's Report

I hope you have "recharged your batteries" over the holiday break and are ready to come back for the new term and the very interesting classes we have planned.

As I mentioned in our last newsletter, we were successful in receiving a grant through Newcastle City Council for a special project – "Seniors Online" - to encourage new members. Our new Beginners classes – Computer Skills for Beginners, Internet for Beginners and Email for Beginners - are free classes thanks to this project. We encourage you to spread the news of these classes. New folk just need to become members so they can access the free Beginner classes.

Other new classes this term are *Make Your Own Canvas and Calendar* using the same software as the Photobook class and *Instagram*. Back by popular demand is the *Publisher Workshop* where you can learn how to make gift tags, business / address cards and greeting cards. Check out the Term 4 Courses on our website from the Courses/Timetable tab.

If there is a class that you would like to do and we have not catered for your needs, please put a suggestion in the box near our sign-in book, email or ring the Roster Team. If you just mutter to yourself and talk about it to your family or friends and don't let us know, then you are depriving us of being able to help you. At this stage there are some times available for extra classes toward the end of the term.

We are still in need of two or three people to work as a team to organise our Social Outings and Morning Teas. Brenton has done a great job and set the foundations to make this an easy task. He is willing to help those who take on this role and we even have suggestions for future outings.

We start the new term with Morning Tea at Islington Public School Hall, on Monday 10<sup>th</sup> October commencing at 9:30 am. Dr. Gary Ellem from Newcastle University is our guest speaker. He was a very popular speaker at a previous gathering. The theme is electric vehicles and the development of driverless cars. It should be a very informative morning. Members are invited to bring along friends to these events. Why not come along, enjoy our company and free morning tea.

Thank you to everyone who makes this club what it is – a friendly, welcoming place to learn and enjoy the company of other seniors!

Sandra

Your President

### Social Day Out—September



On Saturday 10th, 10 adventurous members took a drive to Singleton for a tour of the Australian Army Infantry Museum.



A pre-determined roadside rest stop was the meeting place for us to then convoy a few klms to the Museum which is situated at the entrance to the Army Base. After the obligatory photos were taken outside, we then proceeded into the Museum proper, where we were welcomed by Warrant Officer Warren Barnes, our tour guide.

First up of course was morning tea, and once revived, our guide took us through the displays which featured all the major theatres of war dating back to the late 1800's. On looking at the various displays, it was most notable that much had changed over time with regard to uniforms, weapons and tactics employed. The Museum was opened just 5 years ago after being shifted from Sydney, and the modern building together with the functional but classic display of items certainly presented a professional image. Our guide kept us all interested throughout our tour,



following which we were able to wander around at our leisure and read the notice boards, take photos and absorb the enormity of the tasks our Army infantry personnel are asked to perform.



Lunch beckoned, so we all adjourned once again to the Museum Cafe, prior to checking out the gift shop and then off home.

Our next excursion will be to the Wallis Creek Watergardens situated at Mulbring -







# Funnybone ...



It's ok to talk to yourself,

It's even ok to answer youself...
But when you ask yourself to repeat what you just said, you have a problem!



Most seniors never get enough exercise. So in his wisdom God decreed that seniors would be-

come forgetful, that they would have to search for their glasses, keys and other things misplaced and so do some walking.

And God Looked down and saw that it was good. Then God saw there was yet a need. So God in his wisdom made seniors lose coordination that they would drop things which would require them to bend and reach and stretch.

And God looked down and saw that it was good.
Then God considered the functioning of senior bladders and decided that in His wisdom there might be calls of nature more frequently requiring more trips to

the relief station that would burn calories. God looked down and saw that it was good.

Seniors were obliged to exercise more from these senior shortcomings and did become more active as a result.

So if you find you are required to get up and down more as you age, remember it's God's will and in your best interests even though you mutter under your breath.

Amen! Let it be! And it is good

And God promised men that good and obedient wives would be found in all corners of the world. Then He made the earth round....and laughed and laughed and laughed...

#### **Best Wishes**

For all our members who are celebrating birthdays and anniversaries - hearty congratulations!



To those who are ill we send our best wishes for a speedy recovery.



#### **Condolences**

those of To our members who have lost loved ones recently, please our accept sincere condolences. Уои are in our thoughts.



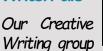
# Special Interest Groups



**MemoryPals** 

Our new group meets on first Monday of each month at 1:00pm in the clubroom. Reminisce about your childhood memories and learn how to preserve them.

#### **WriterPals**





is for enthusiasts, not experts. We meet on the **second Monday of each month** at 15
Hubbard Street, Islington.
Meetings are **from 1:00 pm**.
until we go home!

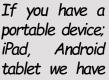
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#### **DigiPals**

DigiPals is an active group of

ComputerPals members who meet on the **third Monday of each month** at **1 p.m.** in the Islington clubroom to explore digital photography.

#### **TabPals**





a Special Interest group called TabPals.

The fourth <u>Friday</u> of the month is our regular meeting Apple devices at 11 a.m, Android at 1pm in the clubroom.

#### **MemoryPals**

Our October MemoryPals meeting which was held a week early due to the Public Holiday was well attended. Helen showed us the beautiful calendars and book she has made using favourite photos. It was interesting to hear what everyone has in mind for their projects and the resources they will need. We discussed ways to bring old photos into new technology - scanning photos, slides and negatives - using scanners or the CamScanner App for smartphones or tablets. Ways to ensure music on cassette tapes is available for use also provided a challenge. Use of MovieMaker and PowerPoint programs may be presented as classes if enough people are interested. MemoryPals links perfectly with Writerpals as each person wants to tell their story in an entertaining way. Members are encouraged to follow the links on our ComputerPals website to read some of the WriterPals stories.

#### **WriterPals**

We had a most entertaining afternoon enjoying some of the ASCCA

entries and these led to a tad of reminiscing—it seems everyone has a story to tell....we just have to get them on paper.

Our next meeting is on **Monday 10th October** and our topics are

- 1. Dancing in the Dark
- 2. One Step at a Time
- 3. See the picture and tell the story.

Please come and join us. .

You will be made very welcome and you might just want to return.



#### **DigiPals**

Our September meeting was held in the club room where we reviewed photos taken at the last Social Outing to the Military Museum at Singleton and also the ASCCA Competition entries submitted by our members. Discussion was also held about general camera and photography issues members needed assistance with.

Next meeting will be on Monday 17/10 at 1pm. More info later but if the weather looks good we'll go for a walk around Hamilton to 'shoot' some of the old buildings (or parts thereof) similar to our walk around Wickham a couple of months ago. That outing was popular and proved most interesting. An email reminder will be sent out a few days beforehand with details.

#### **TabPals**

Once again an enjoyable time at TabPals. Numbers at 1pm session for Android were great...so much so that we had to get out all the white chairs as well to accommodate everyone.

Questions are many and varied and we do our best to help find the answers. If you have need of help for something specific, please send an email so we can help.

Splitting the group into separate times for Apple and Android is working well and relieved a lot of confusion.

#### ComputerPals Mission

Our mission is to educate seniors in the use of computers as a way of enriching their lives and making them more self-reliant.

We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge.

#### **Contact Us**



To contact the Roster Team or the Treasurer regarding rosters or payments use:

islingtonpals@gmail.com

#### Roster Team

Barry Keen





Mitzi Gordon

Carmel Smith





Wendy Cripps-Clark

These people are all volunteers who also teach classes at Computerpals. We ask that you take this into consideration when your phone call is not answered immediately.

From the ASCCA newsletter ...

## STAY SMART ONLINE WEEK 10 - 14 OCTOBER 2016

This 2016 Stay Smart Online Week is being held to coincide with Cyber Security Awareness Month in the United States.

The theme for this year is "Cyber safety from the lounge room to the board room". There is a focus on how individuals' online behaviours in their personal life can impact their workplace and how there is a need for organisations to engage with their employees on online security awareness.

This year, Stay Smart Online will be launching an updated Stay Smart Online Small Business Guide, as well as - an implementation guide and a guide for individuals. These were developed in partnership with Telstra, Australia Post, Australia and New Zealand Banking Group, Commonwealth Bank, Westpac and National Australia Bank.

With 90% of Australians predicted to be online by next year, it's more important than ever to stay safe online.

Staying smart online can mean a variety of things, including:

- choosing the right password and updating it regularly
- frequently backing up your data
- being aware of the latest online threats
- knowing what is safe to put online
- making sure your phones and computers are equipped with the right security.

More at... https://www.staysmartonline.gov.au/
Or at their Facebook page

#### **ASCCA CONFERENCE**

The 18th Australian Computer Conference for Seniors will take place at the Rydges World Square Hotel, Sydney on 8th and 9th November, 2016 - with the ASCCA Annual General Meeting and 2016 Competition Awards to take place at 3.30pm on 8th November at the conclusion of the first day of the Conference.

For details of the guest speakers, programme and cost see the ASCCA website ... http://www.ascca.org.au

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